



**Phelps Health**  
DELBERT DAY CANCER INSTITUTE



The image shows the exterior of the Delbert Day Cancer Institute. The building is a large, modern structure with a curved glass facade that reflects the sky. A central stone-clad tower features the name 'Delbert Day Cancer Institute' and a logo. A glass and steel canopy covers the entrance area. The foreground includes a paved walkway and landscaped planters with small shrubs.

**Delbert  
Day  
Cancer  
Institute**

**2022 DELBERT DAY CANCER INSTITUTE CALENDAR**



# 2020 TOP FIVE SITES

(DIAGNOSED AND/OR TREATED AT PHELPS HEALTH)

Lung – 88 cases | Breast – 81 cases | Prostate – 50 cases | Colorectal – 42 cases | Lymphoma– 21 cases



The Phelps Health Delbert Day Cancer Institute (DDCI) is a comprehensive cancer center accredited by the American College of Surgeons Commission on Cancer (CoC).

The Phelps Health DDCI is accredited by the American Society of Radiation Oncology's Accreditation Program for Excellence (APEX).

**NOTES:**

[illegible]

SAT

1

New Year's Day

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

10

20

21

22

Martin Luther  
King Jr. Day

23

24

25

26

27

28

29

30

31



**Phelps Health**  
DELBERT DAY CANCER INSTITUTE

# JANUARY





# 8 WAYS TO STAY HEALTHY AND PREVENT CANCER

- 1 Maintain a healthy weight.
- 2 Exercise regularly.
- 3 Don't smoke.
- 4 Eat a healthy diet.
- 5 Drink alcohol in moderation, if at all.
- 6 Protect yourself from the sun.
- 7 Protect yourself from sexually transmitted infections.
- 8 Get screening tests.

With Your Disease Risk, the source on prevention, you can find out your risk of 12 cancers and six other important chronic diseases as well as get personalized tips for preventing them.

Learn more at [phelpshealth.org/your-disease-risk](https://phelpshealth.org/your-disease-risk)

[illegible]

		1 Lunar New Year	2 Groundhog Day	3	4	5
6	7	8	9	10	11	12
13	14 Valentine's Day	15	16	17	18	19
20	21 Presidents' Day	22	23	24	25	26
27	28					



# FEBRUARY



# *March is Colorectal Cancer Awareness Month*



**COLORECTAL CANCER IS THE THIRD MOST COMMON  
CANCER IN THE UNITED STATES, AFFECTING MEN AND WOMEN.**



Multiple Myeloma  
Awareness Month

**NOTES:**

[illegible]

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13 Daylight Saving Time Begins	14	15	16	17 St. Patrick's Day	18	19
20	21	22	23	24	25	26
27	28	29	30 National Doctors' Day	31		



**Phelps Health**  
DELBERT DAY CANCER INSTITUTE

# MARCH

# SCREENINGS SAVE LIVES

**The COVID-19 pandemic has impacted recommended cancer screenings and cancer care.**

- In the US, studies have found more than one third of adults failed to receive recommended cancer screenings during the pandemic.
- 43% of patients have missed routine preventive appointments due to COVID-19 fears.
- 35% of American adults had a cancer screening scheduled during the pandemic and missed it.
- An estimated 22 million cancer screenings were canceled or missed between March and June of 2020.
- One study found, at the initial peak of the pandemic in April 2020, screenings were lower for
  - Breast cancer by 85%
  - Colon cancer by 75%
  - Prostate cancer by 74%
  - Lung cancer by 56%
- Another study determined the number of cervical, colon and breast cancer screening tests dropped by more than 80% in the spring of 2020 due to concerns about COVID-19.



**The earlier cancer is detected, the more treatment options are available and the better chances for survival.**

*\*Information provided by the National Comprehensive Cancer Network and American Cancer Society.*



Head and Neck Cancer  
Awareness Month

**NOTES:**

[illegible]

SAT

2

## April Fools' Day

0

16

### Palm Sunday

Good Friday  
Tax Day

23

Easter Sunday

## Earth Day

30



**Phelps Health**  
DELBERT DAY CANCER INSTITUTE

# APRIL

A portrait of an elderly woman with short, wavy, light brown hair, smiling gently. She is wearing a white, textured button-down shirt over a blue top with a decorative neckline. She is seated in an orange armchair. The background is a plain, light-colored wall.

## May is *Women's Health Month*

Meet Ivana Harris, who felt like she had a lump in her throat that would not go away.

After receiving an endoscopy that confirmed she had stage III esophagus and stomach cancer, she was referred to the Phelps Health Delbert Day Cancer Institute (DDCI) for radiation and chemotherapy treatments.

"I would recommend Phelps Health and the DDCI," Ivana says. "I can't imagine driving somewhere else for treatment. We are very, very lucky to have this local service."

In honor of Women's Health Month, let us encourage all of the women in our lives to establish healthy habits.

**In 2017, cancer accounted for 20.7% of the deaths in females across the US.  
Take charge of your health today, for a longer life and better tomorrow.**

*\*Information provided by the Centers for Disease Control and Prevention.*



Brain Cancer  
Awareness Month

**NOTES:**

[illegible]

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5 Cinco de Mayo	6 National Nurses Day	7
8 Mother's Day	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30 Memorial Day	31				



**Phelps Health**  
DELBERT DAY CANCER INSTITUTE

MAY



A portrait of Jack Shepherd, a middle-aged man with a grey beard and mustache, wearing a blue and white plaid shirt. He is looking directly at the camera with a slight smile. The background is a plain, light-colored wall.

## June is *Men's Health Month*

Meet Jack Shepherd, who got sick and went to the emergency room. After receiving a CT scan, he learned he had kidney cancer. Within 24 hours from when the tumor in his kidney was found, Jack met with Joel Leon Becceril, MD, a urologist with the Phelps Health Medical Group.

"Dr. Leon told me that it was a good thing [the cancer] was caught in that stage, because any further [and] I probably wouldn't be here," Jack says.

Dr. Leon helped Jack through surgery, recovery and during follow-up visits.

In honor of Men's Health Month, we can encourage all of the men in our lives to establish healthy habits.

**Avoiding tobacco, protecting your skin, limiting alcohol consumption and maintaining healthy weight are some of the best ways to lower your risk of cancer.**

*\*Information provided by the Centers for Disease Control and Prevention.*



**NOTES:**

[illegible]

SAT

			1	2	3	4
5 National Cancer Survivors Day	6	7	8	9	10	11
12	13	14 Flag Day	15	16	17	18
19 Juneteenth Father's Day	20	21	22	23	24	25
26	27	28	29	30		



**Phelps Health**  
DELBERT DAY CANCER INSTITUTE

# JUNE

# SUPPORTING CANCER PATIENTS

We at the Phelps Health Foundation would like to take this opportunity and thank you for all of your support.

Because of your generous donations in 2021, we were able to assist over 120 cancer patients with the following:

- Purchase of wigs
- Rent and utility assistance
- Grocery assistance
- Gas cards
- Medications
- Nutritional assistance

We also purchased two new patient transportation vans to help with transportation to and from appointments and services.

In recognition of your family, friends, loved ones and neighbors, we hope you will consider making a donation to the Mission Fund.

To donate to the Phelps Health Foundation, visit [phelpshealth.org/foundation](https://phelpshealth.org/foundation)  
(573) 458-7143 | [foundation@phelpshealth.org](mailto:foundation@phelpshealth.org)





**NOTES:**

[illegible]

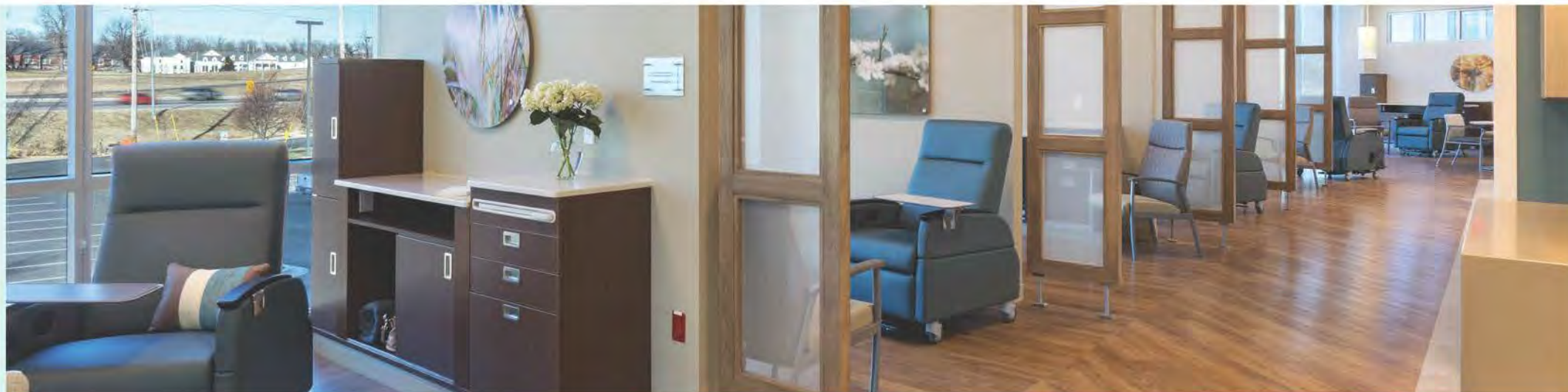
SAT

					1	2
3	4 Independence Day	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



**Phelps Health**  
DELBERT DAY CANCER INSTITUTE

# JULY



# MEDICAL ONCOLOGY

---

**Medical oncology** focuses on the diagnosis and treatment of cancer. Innovative treatments including intravenous, oral medications and targeted therapies (non-chemotherapy drugs that are designed to treat specific tumor types) are used in addition to traditional chemotherapy. Phelps Health medical oncologists, nurses and staff coordinate a patient's treatment and therapy.

# RADIATION ONCOLOGY

---

**Radiation oncology** involves treating cancer with radiation. Radiation therapy uses targeted, high levels of energy or particles to kill cancer cells. Patients receiving radiation therapy often make daily trips to the cancer center to receive treatment. Phelps Health provides exceptional radiation therapy close to home, which alleviates the need for patients and their families to have to travel long distances during treatment.









## *September is Prostate Cancer Awareness Month*

Prostate cancer is the most common cancer in men in the United States, except for skin cancer.

A man has a **1 in 9** chance of getting prostate cancer during his lifetime.

Prostate cancer typically affects men age 65 and older and men who have a family history of prostate cancer.

### **REDUCE YOUR RISK OF PROSTATE CANCER**

- Eat a balanced diet without excessive fat
- Exercise regularly
- Avoid tobacco

Men who have any symptoms of prostate cancer should talk to their doctor or urologist about being screened.

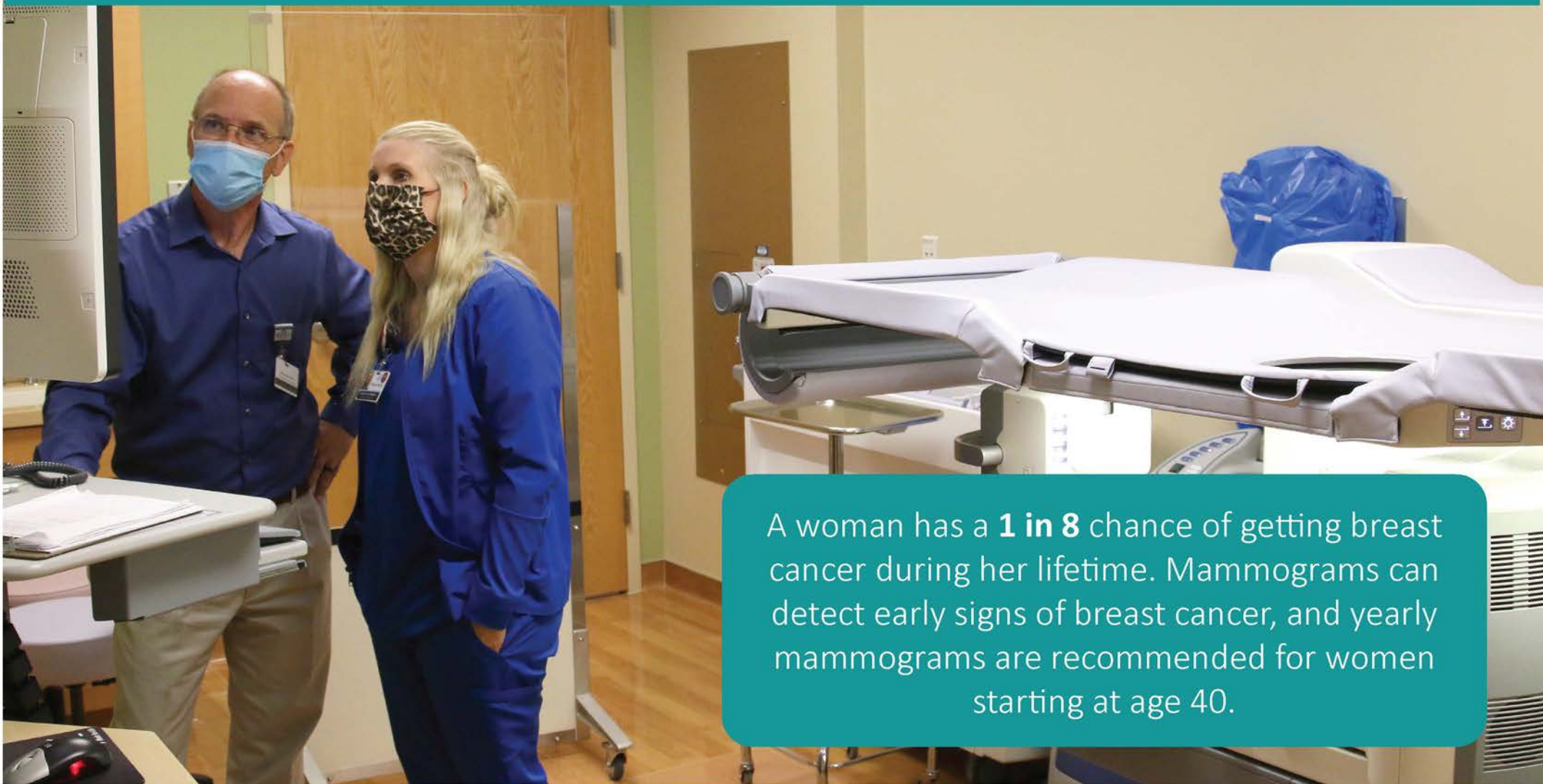


[illegible]

				1	2	3
4	5 Labor Day	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	



# October is *Breast Cancer Awareness Month*



A woman has a **1 in 8** chance of getting breast cancer during her lifetime. Mammograms can detect early signs of breast cancer, and yearly mammograms are recommended for women starting at age 40.

To schedule a mammogram, please call  
Centralized Scheduling at (573) 458-7737.

To learn more about mammograms, call  
Phelps Health's Comprehensive Breast Center  
at (573) 458-3100.



Liver Cancer  
Awareness Month

**NOTES:**

[illegible]

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10 Indigenous Peoples' Day	11	12	13	14	15
16	17	18	19	20	21 National Mammography Day	22
23	24	25	26	27	28	29
30	31 Halloween					



**Phelps Health**  
DELBERT DAY CANCER INSTITUTE

# OCTOBER

# November is *Lung Cancer Awareness Month*

In the US, lung cancer remains the **leading cause of death in both men and women.**

Currently, **1 in 15** people in the US can expect a lung cancer diagnosis in their lifetime.

## **Know Your Risk Factors for Lung Cancer**

- Smoking tobacco (cigars, pipes, cigarettes, etc.)
- Secondhand smoke
- Family history of lung cancer
- Radiation therapy to the chest
- Exposure to radon or asbestos





**NOTES:**

[illegible]

SAT

		1	2	3	4	5
6 Daylight Saving Time Ends	7	8 Election Day	9	10	11 Veterans Day	12
13	14	15	16	17	18	19
20	21	22	23	24 Thanksgiving	25	26
27	28	29	30			



**Phelps Health**  
DELBERT DAY CANCER INSTITUTE

# NOVEMBER

# WHY CHOOSE PHELPS HEALTH?

**Patient-centered care:** All-inclusive services in a single, accessible location

**State-of-the-art treatment and equipment:** State-of-the-art radiation oncology technologies and the most advanced chemotherapy and immunotherapy services

**Access to clinical trials:** Participation in the National Cancer Institute's Community Clinical Oncology Program and a variety of industry-sponsored trials

**Navigation, education, support and financial counseling:** Education and customized counseling services offered to patients and their loved ones

**Certified nurses in oncology:** DDCI nurses specialize in caring for people with cancer



**NOTES:**

**SUN**

MON

TUE

WED

THU

FRI

SAT

2

3

4

5

6

---

8

0

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

Christmas Eve

25

26

27

28

29

30

31

Christmas

## New Year's Eve



# DECEMBER



# MEET THE DDCI PHYSICIANS AND PROVIDERS



**Thomas Guerrero-Garcia, MD**  
Medical Oncology/Hematology



**Kan Huang, MD, PhD, MS**  
Medical Oncology/Hematology



**Becky Smith, FNP-C, AOCNP**  
Medical Oncology/Hematology



**Logan Shockley, FNP-C**  
Medical Oncology/Hematology



**Chris Spencer, MD, MS, DABR**  
Radiation Oncology



**Robert Swanson, MD**  
Radiation Oncology



**Jinna Lisenbe, AGPCNP-BC**  
Radiation Oncology

Please visit [pelpshealth.org/doctors](https://pelpshealth.org/doctors) for a complete, up-to-date list of all Phelps Health physicians and providers.



**Jennifer Gerlemann, BSN, RN**  
**Nurse Navigator**

The nurse navigator offers patients and their families a single-point person to contact throughout their entire cancer journey and helps patients understand and navigate their diagnosis and treatment. The nurse navigator is one of the first contacts when patients find out they have been diagnosed with cancer and continues to offer support throughout the journey to help alleviate anxiety and improve the patient's sense of well-being.

**Lorie Bourne, MS, RD, LD, CNSC**  
**Dietitian**

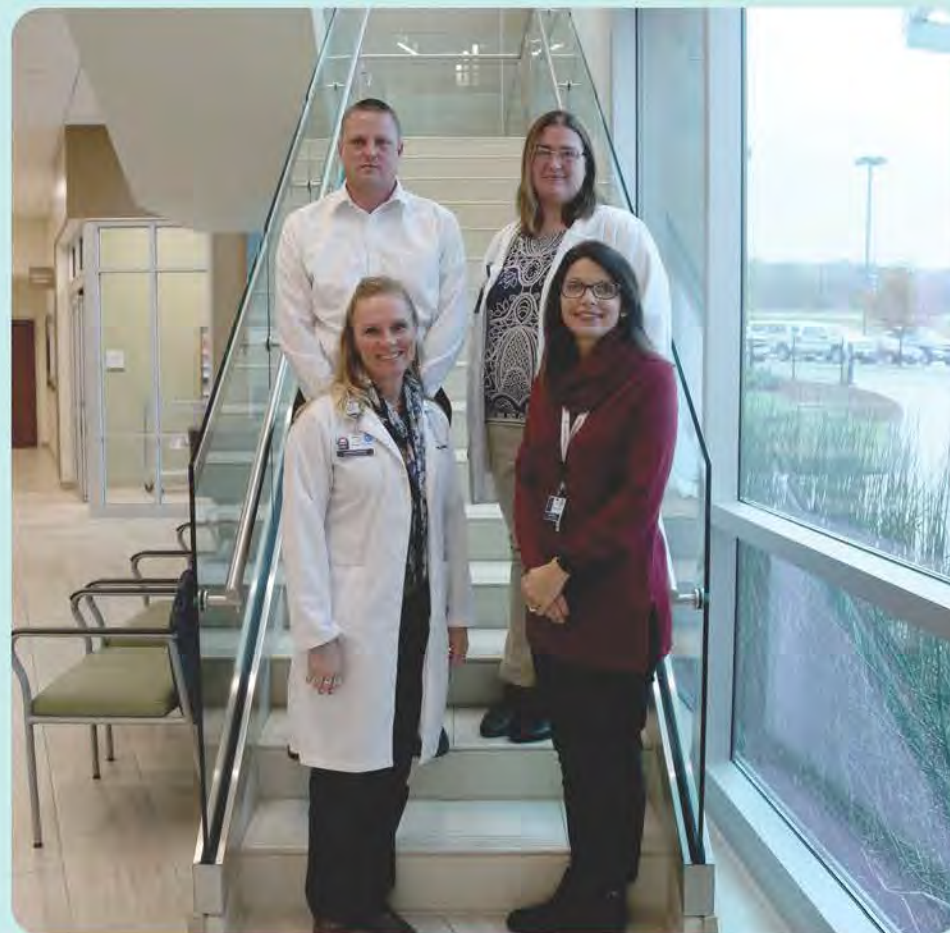
The registered dietitian meets with patients to help with cancer treatment-related nutrition issues. Common issues the dietitian helps with are coping with weight loss, addressing poor appetite and taste changes, dealing with side effects of treatment, and providing education and support for patients with feeding tubes.

**Susan Buhr, MSW, BSW**  
**Social Worker**

The oncology social worker provides counseling to help reduce stress for cancer patients and their families. The oncology social worker helps patients access diagnosis and treatment information, cope with the cancer diagnosis, consider decisions about finding the best cancer care and more.

**Kevin McDonough, BS, CAC**  
**Patient Financial Access Representative**

The financial counselor helps ease concerns about cost of the care and complexities of medical insurance by educating patients about their insurance benefits (e.g., deductible, out-of-pocket expense, co-insurance, co-pays, premiums, in- and out-of-network benefits), billing questions and options for payment plans.





# CANCER TREATMENT PROGRAMS AND SERVICES

*Phelps Health Cancer Care Services*

(573) 458-3324 (DDCI) | Toll-Free Number: (855) 406-3324 (DDCI)

Cancer educational resources

Cancer rehabilitation

Cardio-oncology

Chemotherapy and infusion

Clinical trials and research

Diagnostic imaging (*Siemens PET/CT*)

Dietary support

Financial counseling

Genetic counseling

Medical oncology and hematology

Nurse navigation

Oral oncolytics

Pathology

Radiation oncology

Radiation therapy

Radiology

Social work support

Spiritual support

Surgical services

Support groups

Phelps Health complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.  
ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (573) 458-7684, (573) 458-7922.  
注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 (573) 458-7684, (573) 458-7922。