

2025



Phelps Health
DELBERT DAY CANCER INSTITUTE

Delbert
Day
Cancer
Institute

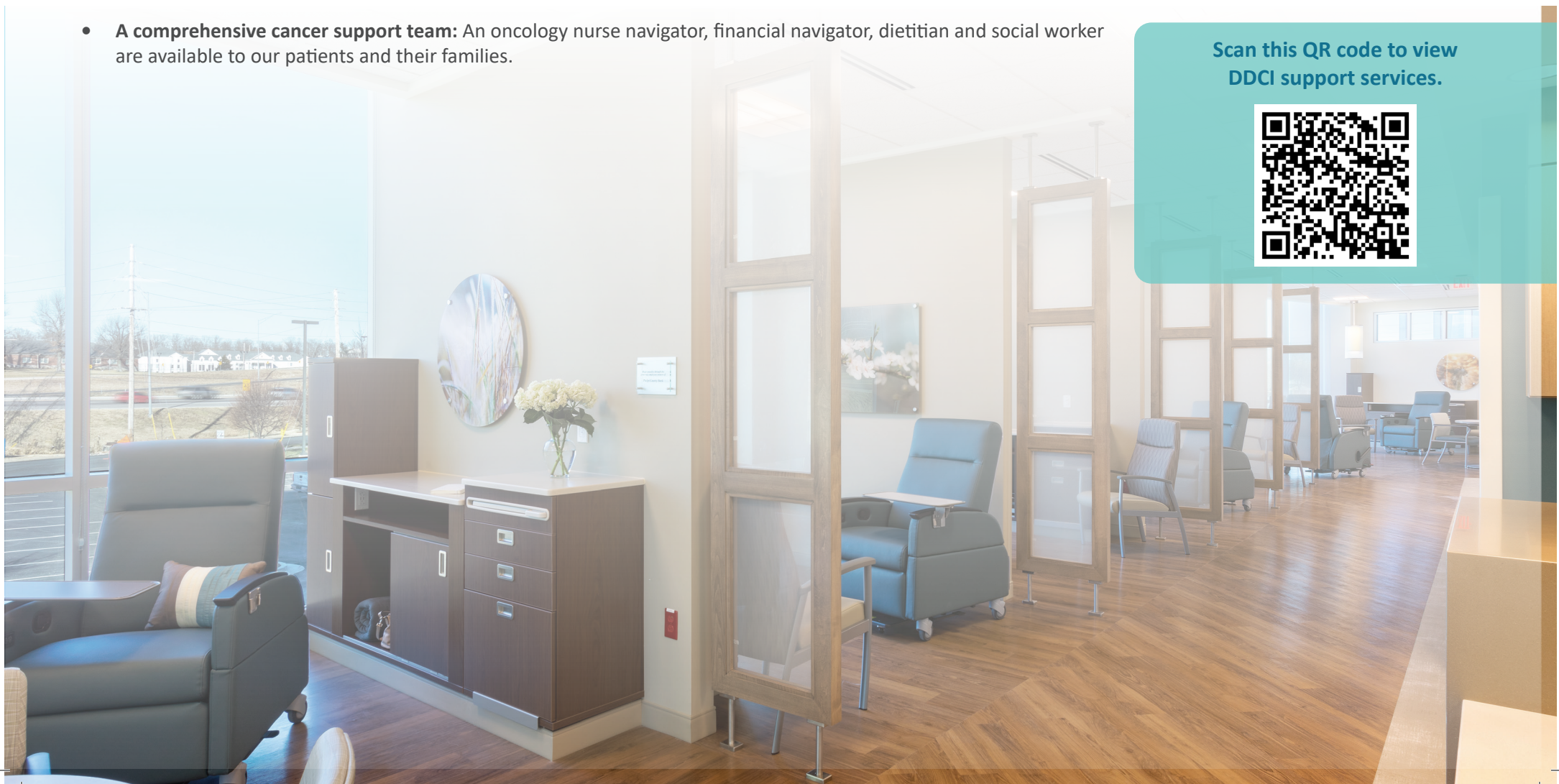
DELBERT DAY CANCER INSTITUTE CALENDAR

COMPREHENSIVE CANCER CARE CLOSE TO HOME

Why Should You Choose the Phelps Health Delbert Day Cancer Institute (DDCI)?

- **Patient-centered care:** All-inclusive services are offered in a single, accessible location.
- **State-of-the-art treatment and equipment:** We offer advanced radiation oncology, chemotherapy and immunotherapy treatments.
- **Access to clinical trials:** Patients can participate in the National Cancer Institute's Community Clinical Oncology Program and a variety of industry-sponsored trials.
- **Certified oncology nurses:** Our nurses specialize in cancer care.
- **The DDCI Infusion Center:** Our family-friendly infusion center offers community and private seating with heated massage chairs.
- **A comprehensive cancer support team:** An oncology nurse navigator, financial navigator, dietitian and social worker are available to our patients and their families.

Scan this QR code to view
DDCI support services.



WHEN SHOULD YOU BE SCREENED FOR CANCER?

Screening can find precancer or cancer early when it is generally easier to treat. The table below includes common cancer screenings for people who are at **average risk**. Use this table to start a discussion with your healthcare provider about recommended screenings.

	Cervical Cancer	Breast Cancer	Colon Cancer	Prostate Cancer	Lung Cancer
20s	Starting at age 25, screen every 3 to 5 years.				
30s					
40s					
50s-60s		Starting at age 40, screen yearly.	Starting at age 45, screen every 1-10 years based on testing.	Starting at age 50, discuss with your provider what screening is best.	Starting at age 50 if you are a heavy smoker or have quit within the last 15 years, screen yearly.
70s					
80+					



Your Disease Risk
THE SOURCE ON PREVENTION

Identify your risk for six chronic diseases and 12 types of cancer, plus get personalized prevention tips. Check your risk at phelpshealth.org/your-disease-risk or scan this QR code.



COLORECTAL CANCER AWARENESS MONTH

Colon cancer, or colorectal cancer, is one of the most preventable cancers. The disease is treatable, and sometimes curable, when caught in early stages.

WHO SHOULD BE SCREENED FOR COLORECTAL CANCER?

- **Average risk:** Start screening at age 45 and continue through age 75.
- **After age 75:** Personalize screening decisions.
- **High risk:** Consult your healthcare provider for screening recommendations.

SCREENING METHODS

- **Colonoscopy:** Colonoscopies are recommended every 10 years, starting at age 45.
- **Alternative options:** Annual stool-based FIT (fecal immunochemical test) or stool DNA tests can be administered every 1 to 3 years.



ACCREDITATIONS AND AFFILIATIONS



Accreditation Program for Excellence

The DDCI has earned accreditation from the American Society of Radiation Oncology for implementing safety and quality care procedures that meet APEX standards.



**Accredited
Commission on
Cancer Program**

Commission on Cancer

The DDCI is nationally accredited by the American College of Surgeons Commission on Cancer. As a Commission-accredited cancer center, the DDCI takes a multidisciplinary approach, treating cancer as a complex group of diseases. The collaboration among surgeons, medical and radiation oncologists, and other specialists enhances patient care.



NATIONAL CANCER INSTITUTE
Community Oncology
Research Program (NCORP)

Community Oncology Research Program

The DDCI is a member of the National Cancer Institute (NCI) Community Oncology Program (NCORP) and has been awarded an NCI grant.



QOPI® Certification Program

The DDCI is a Quality Oncology Practice Initiative (QOPI®) Certified Practice. QOPI® certification acknowledges that we meet defined quality and safety standards set by the American Society of Clinical Oncology (ASCO).



Siteman Cancer Network

As part of the Siteman Cancer Network, the DDCI collaborates with Siteman Cancer Center at Barnes-Jewish Hospital and Washington University School of Medicine to expand access to cancer research, treatment and prevention. Learn more at siteman.wustl.edu/visiting/network.

ORAL CHEMOTHERAPY PROGRAM

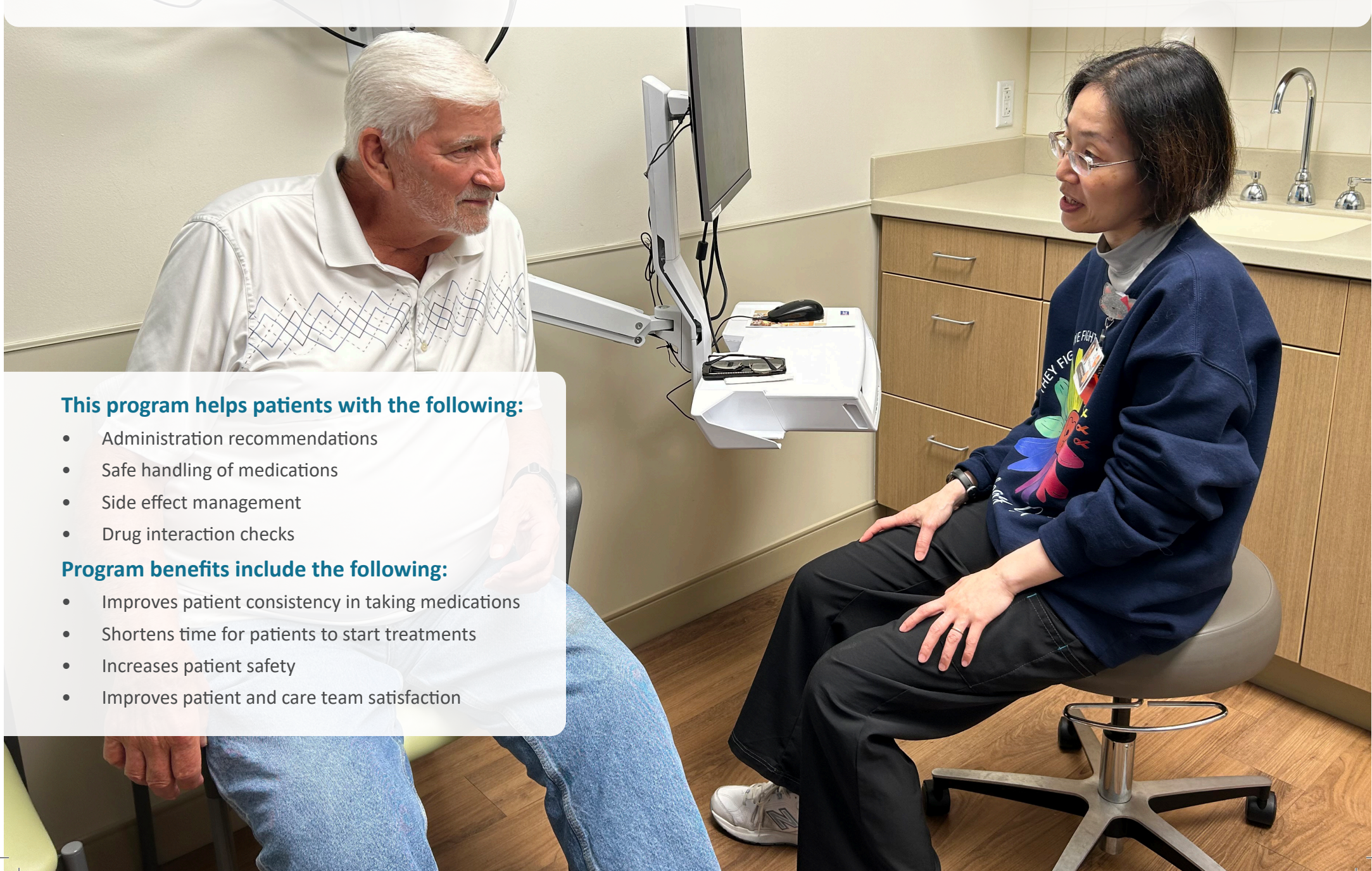
The DDCI Oral Chemotherapy Program supports patients prescribed oral treatments by our oncologists.

This program helps patients with the following:

- Administration recommendations
- Safe handling of medications
- Side effect management
- Drug interaction checks

Program benefits include the following:

- Improves patient consistency in taking medications
- Shortens time for patients to start treatments
- Increases patient safety
- Improves patient and care team satisfaction



SUN

MON

TUE

WED

THU

FRI

SAT

National Cancer Research Month

Bladder Cancer Awareness Month

Brain Tumor Awareness Month

Melanoma/Skin Cancer Awareness Month

Oncology Nursing Month

NOTES:

				1	2	3
4	5	6 National Nurses Day	7	8	9	10
11 Mother's Day	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26 Memorial Day	27	28	29	30	31



Phelps Health
 DELBERT DAY CANCER INSTITUTE

MAY

Survivors Day Celebration

Celebrated every June, **National Cancer Survivors Day** honors survivors, inspires those newly diagnosed, supports families and reaches out to the community. All cancer survivors in the community are invited to attend a breakfast celebration, hosted by the DDCI and the Phelps Health Foundation. In 2024, over 100 community members attended. We hope you will join us this June! Stay tuned for details.



SCREENING AND PREVENTION EVENTS

The DDCI partners with the Siteman Cancer Network's Outreach Research Engagement (SCORE) project to measure the impact of community outreach on cancer screening rates. The DDCI was the first cancer center to implement a community outreach event for this initiative.



STROLLIN' THROUGH THE COLON

An interactive colon cancer prevention event held in March in Rolla

SPRING SCREEN

A spring-themed breast cancer screening event held in May in Rolla and Waynesville



BREATHE BIG

An interactive lung cancer prevention event held in November in Rolla and Waynesville

TOGETHER, WE MAKE A DIFFERENCE.

The Phelps Health Foundation Mission Fund supports Phelps Health initiatives and direct patient needs. When you donate to the Mission Fund, your donation stays local and directly impacts our ability to provide high-quality, accessible healthcare to our communities.

In 2024, the Foundation:

- Provided over 1,200 patients with meals through the DDCI lunch box program
- Partnered with the Phelps Health Comprehensive Breast Center for 50 Free Mammograms Day on October 4, 2024, and other Breast Cancer Awareness Month activities and programs
- Purchased postmastectomy jackets for patients diagnosed with breast cancer
- Continued contributions to Phelps Health's lung cancer screening program
- Underwrote the National Cancer Survivor's Day Breakfast to celebrate approximately 120 survivors, plus guests

Additional funding from the Cancer Gala & Co. in the amount of \$204,469.67 supports designated initiatives and direct patient needs within the DDCI.

Scan the QR code to donate



ARE YOU OR SOMEONE YOU KNOW STRUGGLING TO ACCESS HEALTHCARE SERVICES?

At Phelps Health, we understand that your health is influenced by more than just medicine. **Social determinants of health (SDOH)** are nonmedical factors that influence health outcomes. These factors include the conditions in which people are born, grow, work and live. When certain needs aren't met—like struggling to afford groceries or not having reliable transportation—they become **health-related social needs (HRSN)**.

If you need support, please reach out to your social worker or a member of your healthcare team at the DDCI. We're in this together.



PROSTATE CANCER AWARENESS MONTH

Screening for prostate cancer can help find the disease earlier, when it's more treatable.

WHO SHOULD BE SCREENED FOR PROSTATE CANCER?

- **Starting at age 40:** Men at extremely high risk should talk to their primary care provider (PCP) about screening.
- **Starting at age 45:** Men at high risk should talk to their PCP about screening.
- **Starting at age 50:** Men at average risk should talk to their PCP about screening.

Consider your overall health, not age alone, when making decisions about prostate cancer screenings.

DID YOU KNOW?

The DDCI also uses prostate-specific membrane antigen (PSMA) PET/CT imaging for men with prostate cancer at risk of metastatic disease or suspected recurrence. This imaging offers more detailed scans, enhancing treatment planning.



BREAST CANCER AWARENESS MONTH

Screening tests can find breast cancer in its early stages, when the disease is more treatable.

WHO SHOULD BE SCREENED FOR BREAST CANCER?

- **Women ages 25-39:** See your primary care provider (PCP) for your risk assessment and breast exam every 1 to 3 years.
- **Women ages 40 and over:** Get an annual risk assessment, breast exam and mammogram.

Women at average risk should begin yearly mammograms at age 40.

If you have a family history of breast cancer, talk with your PCP to determine if you should be screened earlier.

Most insurance plans and Medicare cover the costs of mammograms for those who are eligible.

Scan this QR code to read Erin's story and learn how the Paxman Scalp Cooling System has prevented hair loss.



Schedule your mammogram by calling **Centralized Scheduling** at **(573) 458-7737** today.



“When I met with Dr. Guerrero for our second opinion, I could tell immediately how kind he was... He didn't tell me how long he expected me to live. He didn't look at me like I was already gone. He told me to keep planning my summers, and that was all the hope I needed.”

—Erin Simon, of Rolla, DDCI breast cancer patient



LUNG CANCER AWARENESS MONTH

Lung cancer screening can find concerns before symptoms appear, increasing the chances of early detection and easier treatment.

Lung cancer screening, using a low-dose CT scan, is recommended for people who meet the following criteria:

- **Ages 50-80**
- **Minimum 20 pack-years smoking history** (*Multiply the number of packs you smoked per day by the number of years you have smoked.*)
- **Current or former smoker who quit less than 15 years ago**
- **No symptoms of lung cancer**

What does the scan involve?

Patients lie on a table while a technologist performs the quick test. No needles or contrast dyes are used.

Where can I get screened?

Screening is available at Phelps Health Hospital, the Medical Office Building and Waynesville Medical Plaza.

Does insurance cover the scan?

Medicare and many private insurance companies cover the costs of screening for eligible patients.



TALK WITH YOUR PRIMARY CARE PROVIDER ABOUT BEGINNING ANNUAL LUNG CANCER SCREENING.

DID YOU KNOW?

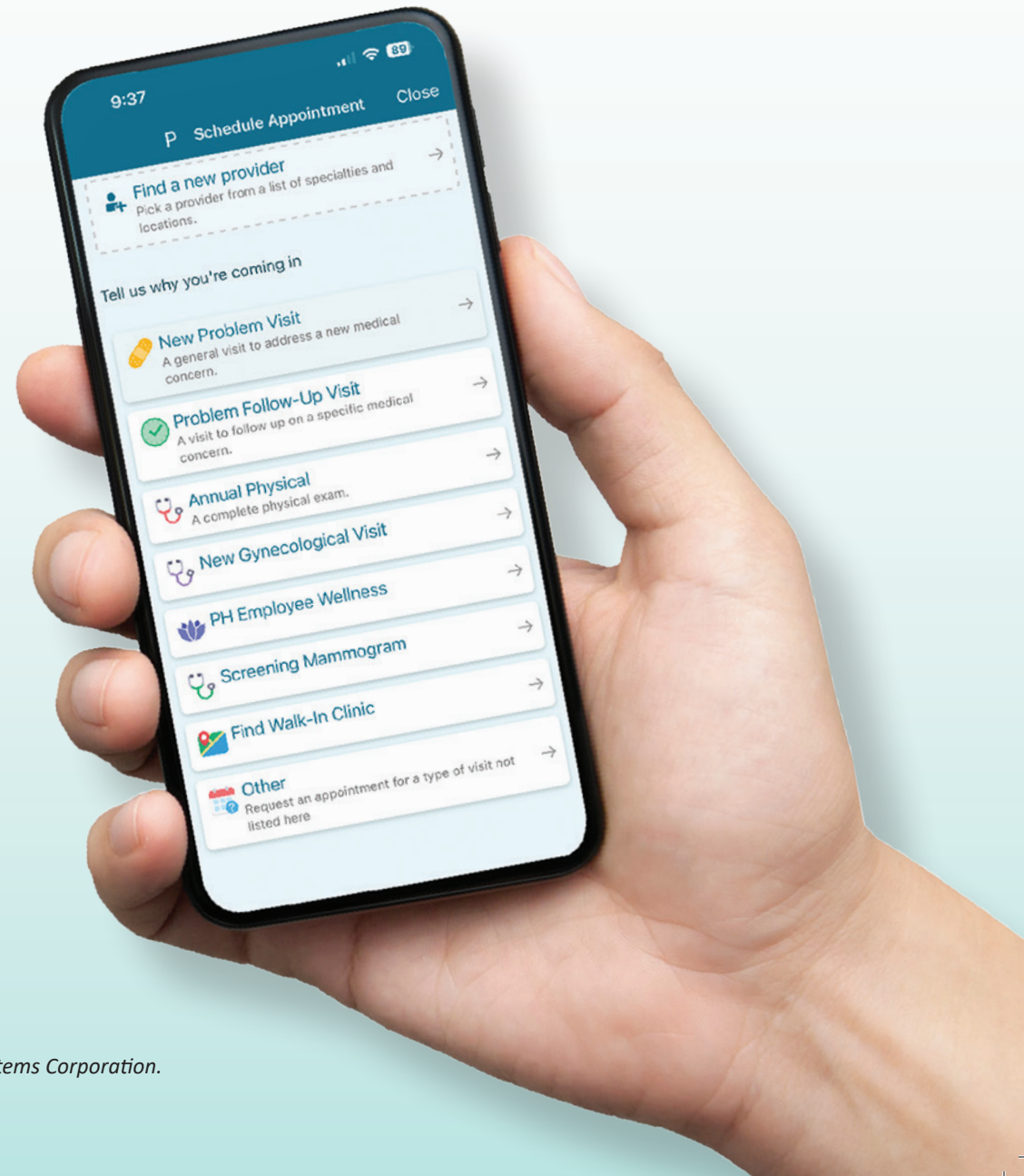


Phelps Health offers MyChart, a secure and easy-to-use patient portal.

With MyChart, you can do the following:

- ✓ Schedule appointments
- ✓ Get on the wait list
- ✓ See real-time test results
- ✓ Check in before you arrive
- ✓ Request prescription refills
- ✓ Message your healthcare provider
- ✓ Pay your bill and more

Don't have the app? Access MyChart using any device with an internet connection or download the mobile app.



[PHELPSHEALTH.ORG/MYCHART](https://pHELPSHEALTH.ORG/MYCHART)



MyChart® is a registered trademark of Epic Systems Corporation.

MEET YOUR DDCI PHYSICIANS AND PROVIDERS



Thomas Guerrero-Garcia, MD
Medical Oncology/Hematology



Kan Huang, MD, PhD, MS
Medical Oncology/Hematology



Logan Shockley, FNP-C
Medical Oncology/Hematology



Becky Witham, FNP-C, AOCNP
Medical Oncology/Hematology



Chris Spencer, MD, MS, DABR
Radiation Oncology



Robert Swanson, MD
Radiation Oncology



Jinna Lisenbe, AGPCNP-BC
Radiation Oncology

Please visit pelpshealth.org/doctors for a complete list of all Phelps Health physicians and providers.



Leadership



Radiation Oncology

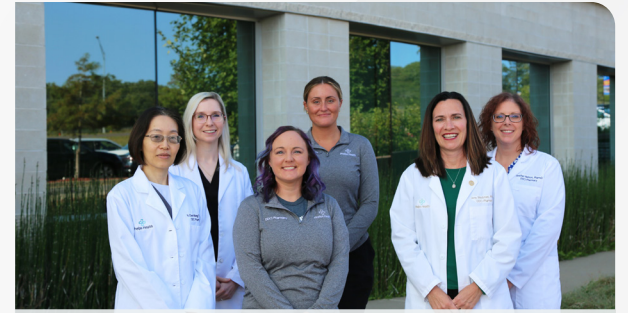


Medical Oncology/Hematology



Infusion Center

MEET YOUR CANCER CARE TEAM



Pharmacy



Ancillary Support



Patient Services Representatives



Clinical Research

Scan the QR code to learn more.



1060 West 10th Street, Rolla, MO
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PHELPSHEALTH.ORG

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