## HOW TO ADJUST COMMUNICATION PREFERENCES IN MYCHART

MyChart® is a registered trademark of Epic Systems Corporation.

Within Phelps Health MyChart you are able to adjust how you receive messages and which types of messages you receive.

## Visit mychart.phelpshealth.org or use the mobile app to get started.

You can adjust your communication preferences in MyChart by following these steps:

- 1. Sign into your account.
- 2. Navigate to the "Your Menu" icon in the upper left-hand corner and click on the button.
- 3. The menu will open. Scroll to the bottom and select "Communication Preferences" or type "Communication Preferences" into the search bar at the top.

Communication Preferences	Q Search the menu

4. The "Communication Preferences" page will show several options: : Appointments, Messages, Health, Billing, Questionnaires, Account Management and Telehealth. You can turn on these different communication types off or on by clicking the icons on the right.



- For more advanced communication settings, click the "down" arrow next to the topic to view more options.
- On the right-hand side of the page, you are able to opt out of all text messages by using the quick link "opting out of all text notifications."
- 5. When you are finished, click "Save changes" at the bottom of the page.
  - You can make these changes to all MyChart accounts you manage by checking "apply to all records I can access."

Apply to all records I can access

Save changes

## Phelps Health. *MyChart*

Opt out of text messages

notifications.

Occasionally we may also send you text notifications for other important updates. You can block these by opting out of all text



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Your Menu