

# ASSESS YOUR COVID-19 RISK

This information is for educational purposes only and is not intended for providing medical advice, diagnosing or prescribing.

## Do you have symptoms? — NO →

- Fever (100.4°F/38°C or higher)
- Cough
- Shortness of breath

If you have questions or concerns, but no symptoms, call the Missouri Department of Health and Senior Services 24-hour hotline at **(877) 435-8411**.

YES

## Are you over the age of 65, have chronic health conditions, increasing symptoms or other high risks\*? — NO — →

If you are young and healthy with mild symptoms (similar to cold symptoms), the Centers for Disease Control and Prevention (CDC) recommend that you stay home, avoid public areas, and limit contact with those you live with.

YES

Call the Missouri Department of Health and Senior Services 24-hour hotline at **(877) 435-8411** or call your provider's office to find out if you should make an appointment. They can further direct you if COVID-19 testing is recommended.

### *\*High risks include the following:*

- Adults 65 years and older
- Persons with chronic pulmonary (including asthma), heart, kidney, liver, blood disorders, and metabolic disorders (including diabetes), or brain conditions
- Persons with immunosuppression, including that caused by medications or HIV infection
- Residents of long-term care facilities
- Recent travel to affected areas
- Close contact with a confirmed case

If you have additional questions or concerns, call the Missouri Department of Health and Senior Services 24-hour hotline:  
**(877) 435-8411**

## Do you have a life-threatening or urgent health condition?

*Call 911 or go to the Emergency Room immediately*

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