## **Coronavirus Disease 2019 (COVID-19)**

## HOTLINE: 1(800) 111-111

Call the Phelps Health COVID-19 Hotline if you are sick and have symptoms. Hotline operators will provide information to you about how you can be tested.

## If you feel sick and have symptoms:

- Put on a mask to protect yourself and others.
- Call the hotline at 1 (800) 111-1111. Describe your symptoms and let them know about your recent travels.
- Avoid contact with others.

## Symptoms can include:

- Fever (100.4°F/38°C or higher)
- Cough
- Shortness of breath

COVID-19 is a respiratory illness that can spread from person to person. Illnesses have ranged from mild symptoms to severe illness and death. Symptoms may appear 2-14 days after exposure.





