

# DAILY USE INSTRUCTIONS FOR CLOTH MASKS



## TYPE OF CLOTH MASK:

- ✓ At least 2 layers of tightly woven fabric.
- ✓ Should allow for breathing without restriction
- ✓ Fit snugly against the side of face.
- ✓ Be secured with ties or ear loops.

## WEARING YOUR CLOTH MASK:

- ✓ Need to cover the nose & mouth at *all times* except when eating.
- ✓ Anytime you touch or readjust mask, perform hand hygiene.
- ✓ When eating, place in paper bag upon removal.
- ✓ Wash hands after removing mask.

## CARING FOR YOUR CLOTH MASK:

- ✓ Wear mask home.
- ✓ Do *NOT* touch your eyes, nose, or mouth while removing mask.
- ✓ Wash hands after removing mask.
- ✓ Mask *MUST* be washed daily after use in hot soapy water and dried in a dryer.