

### **Phelps Health Care Coordination Services**

Healthcare navigation is complicated. Care coordination services provide you with the resources to identify the areas of need that contribute to your health and wellness. Our team works with your physician to ensure you have the necessary tools to be successful regardless of the setting, including home, hospital or other environments.

## CARE COORDINATION **TEAM**



Transitions of Care and **Discharge Planning** 

1000 West 10th Street | Rolla, MO (573) 458-7383

PHELPSHEALTH.ORG









# **Care Coordination** at Phelps Health

Care coordinators look at an individual's preferences and needs for care. They assist in finding additional resources to prepare patients for discharge.

#### What Is Care Coordination?

- Specially trained nurses, social workers and support staff who are part of the healthcare team and assist in the transition of care, regardless of the setting
- Individuals who identify barriers to your health, such as inability to afford medications, impaired mobility or financial concerns
- The ability to provide you with the information to choose your resources and obtain the help you need, wherever you are



### **How Can Care Coordinators Help Me?**

Phelps Health Care Coordination can help you with the following:

- Evaluate your physical and social needs in order to refer to community resources specific to your situation
- Help establish care with home health or in-home services
- Obtain medical equipment
- Refer to resources for food/housing/ transportation
- Assist with insurance/VA benefit information/financial assistance
- Refer to counseling/treatment/addiction resources
- Arrange rehabilitation/therapy
- Help establish care with an assisted living facility or a nursing facility
- Obtain and/or complete Durable Power of Attorney/Advance Directives
- Assist in establishing a primary care provider
- Follow up after a hospital stay to assist in keeping you out of the hospital
- Arrange interpreter services

### Special Programs at Phelps Health

- Cancer Navigation—Social Worker, Nurse Navigator, Registered Dietitian and Financial Assistance Counselor
- Transitional Care Management
- Chronic Care Management
- Community Referral Coordinator
- Healthy Moms/Healthy Babies Program
- Transitions Care Manager
- Emergency Room Enhancement Social Worker
- Care Coordinators
- Patient Access Resource Coordinator
- Social Work

For more information about any of these programs, or to receive assistance from a care coordinator, call (573) 458-7383.