

Important Points to Remember/ How to Execute Advance Care Planning

If you would like more information or assistance in creating an advance directive or have any questions, please contact the care coordination team at Phelps Health.

Be sure to discuss your wishes with your family and physician. Putting your wishes in writing is the only legal way to ensure they are respected.

If you have an advance directive or any advance care planning document, keep a copy with you, and present the document to your physician and at any hospital visit.

Questions or concerns?

Phelps Health is committed to providing resources for care coordination. Please contact us at (573) 458-7766 or (573) 458-3389 if you have any questions.

ADVANCE CARE PLANNING



1000 West 10th Street | Rolla, MO
Hospital Services: (573) 458-7766
Clinic Services: (573) 458-3389

PHELPSHEALTH.ORG



Phelps Health

Advance Care Planning

Advance care planning is the process to help you with healthcare decision-making in the future.

How Can Advance Care Planning Help?

Advance care planning can help you identify what healthcare measures you want in case you are not able to make decisions. Planning also can help you appoint who you want to be involved in your care.

The Patient Self-Determination Act:

The federal Patient Self-Determination Act (enacted in 1990) addresses the rights of healthcare (including mental health) users to stipulate in advance how they would like to be treated by healthcare providers when they are incapacitated. (nrc-pad.org)

- Recognizes the Living Will, Health Care Directive and Durable Power of Attorney for Health Care Decisions
- Requires healthcare facilities to ask patients whether they have advance directives
- Requires healthcare facilities to provide educational materials advising patients of their rights

For more information on the Patient Self-Determination Act, visit www.nrc-pad.org/images/stories/PDFs/fedaddirectives2a.pdf

What Do Advance Directives Do?

- Communicates your healthcare preferences when you lose the ability to make your wishes known
- Eases your family's responsibility and stress to make difficult decisions
- Assists your physician by providing guidelines for your care
- Specifies decisions from withholding or withdrawing life-sustaining treatment, including food or water

Questions or concerns?

Phelps Health is committed to providing resources for care coordination. Please contact us at (573) 458-7766 or (573) 458-3389 if you have any questions.

Advance Directives

Below are three types of advance directives for anyone 18 or older who is legally competent to make his or her own decisions:

Statutory Living Will

This document directs “death-prolonging” procedures to not be used to keep a person alive when a terminal condition exists.

Health Care Directives

This document directs what conditions (medical or otherwise) for when a type of treatment is administered or withheld, including food or water. Instructions must be clear, and this document allows more flexibility in wishes.

Durable Power of Attorney for Health Care Decisions

This document appoints an agent to make decisions and describes authority that the agent has.

Other: TPOPP/OHDNR

- Transportable Physician Orders for Patient Preferences
- Out of Hospital Do Not Resuscitate

Ask your physician about these forms, as they are for specific situations.