



How to Make a Handmade Cloth Face Mask

You will need the following materials:

- Cotton fabric of any print
 - All fabric design should be placed horizontally
- Cotton flannel for backing
- Two cotton side pieces
 - Two inches by six inches in size
- 1/8 inch flat braided elastic, rope elastic or beading cord elastic
 - Two pieces per mask that are seven inches long each
 - Tie the knot at each end of the rope elastic or beading cord elastic but NOT the flat elastic

Two sizes can be made: Adult (9" x 7") or Child (7.5" x 5")

1. Put the right sides of the cotton and flannel fabric together.
2. With the right sides together, sew along the short side. Once complete, turn out so fabric design is facing outward.
3. Create three pleats in the center, about one inch from both ends.
4. Pin and sew on both sides.
5. Sew the elastic about ¼ inch from each end.
6. Fold the side pieces in half and iron them.
7. Place each of the side pieces on the mask, raw edge to raw edge.
8. Fold both of the sides over the back.
9. Sew on the top.
10. Fold over and sew on the back.

If you would like to donate handmade cloth masks to Phelps Health, please contact Crystal Lorah, manager of Auxiliary and Volunteer Services, at (573) 458-7947 or clorah@phelpshealth.org.

Pattern modified from The Turban Project

HOW TO MAKE HANDMADE CLOTH MASKS

Step-By-Step Guide

COMPLETED MASK



1 Put the right sides of the cotton and flannel fabric together.



2 With the right sides together, sew along the short side. Once complete, turn out so fabric design is facing outward.



3 Create three pleats in the center, about one inch from both ends.



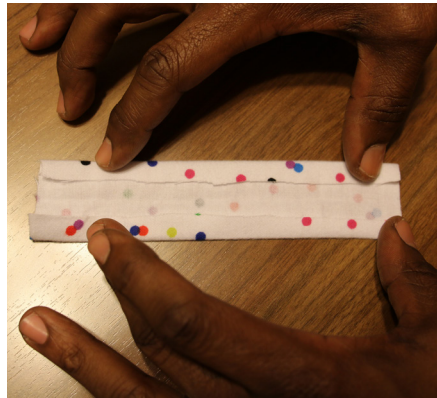
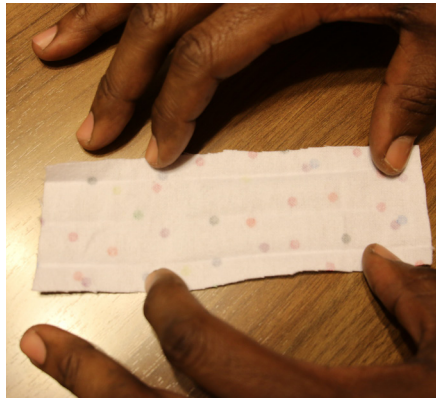
4 Pin and sew on both sides.



5 Sew the elastic about 1/4 inch from each end.



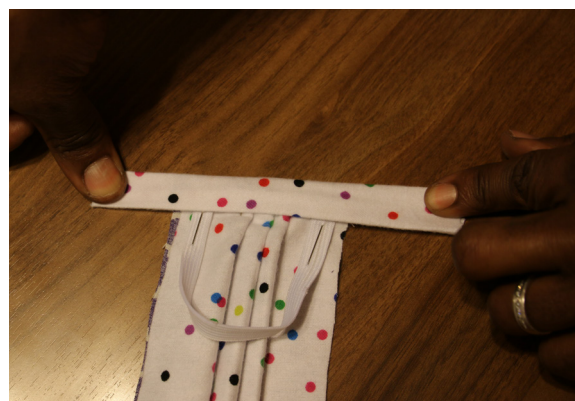
6 Fold the side pieces in half and iron them.



7 Place each of the side pieces on the mask, raw edge to raw edge.



8 Fold both of the sides over the back.



9 Sew on the top.



10 Fold over and sew on the back.

