

2018 Delbert Day Cancer Institute Calendar

CHAIRMAN'S REPORT



Christopher Spencer, MD

The Delbert Day
Cancer Institute
(DDCI) and cancer
program at Phelps
County Regional
Medical Center
(PCRMC) have
significantly changed

and grown over the past year. The DDCI continues to expand the ability to bring highquality cancer care to south-central Missouri. Community members are supported with services that include education, prevention, screening, navigation, diagnosis, genetic counseling, treatment, supportive care, oncology rehabilitation and survivorship plans. Most of these services are personalized for the lives and diagnoses of the patients and families for which they help. Patients also have access to national clinical trials at PCRMC through our affiliation with Cancer Research for the Ozarks. We offer patients the option to participate in research trials, which gives us the ability to provide the highest standard of care and help shape the future of global cancer treatment.

All providers and support staff involved in cancer care at the DDCI continue to meet each week to discuss patient and cancer cases. Through this multidisciplinary approach, a treatment plan is designed for each patient that ensures great communication between teams and allows us to deliver the highest quality of coordinated care. These meetings include radiologists, medical and radiation oncologists, general surgeons, pathologists, urologists, pulmonologists, palliative and supportive care physicians, gynecologists, otolaryngologists as well as nursing staff, social workers, dietitians and many others.

We are now treating patients in our modern and comprehensive DDCI building. We have successfully brought together the oncology disciplines to deliver truly, integrated care. We are utilizing our state-of-the-art conference center, as well as the community resource room to improve education, communication, research and community out-reach, and we have hosted many programs, with plans for more to come. We are excited about bringing new and expanded care paths

to the DDCI. Starting in 2018, we plan to have a dedicated financial navigator and outpatient supportive care coordinator available to our patients.

Beginning 2017 in the new building has been great for the patients, staff and community. We are dedicated to providing the best care possible, which covers the whole continuum of cancer care, from prevention and screening to diagnosis, treatment, supportive care and survivorship. Our goal is not only to provide exceptional care at the cancer center, but also to engage the community to reduce the incidence of cancer in our region and improve overall health outcomes.

-Christopher Spencer, MD

Five major sites for 2016 analytic cases:

Anatomical Site	Number of Cases
Breast	66
Lung	60
Colorectal	48
Prostate	21
Bladder	16

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Cervical Health Awareness Month		New Year's Day	2	3	4	5	6
NOTES:	7	8	9	10	11	12	13
	14	15 Martin Luther King Jr. Day	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30	31			



Tanuary 2018

The Phelps County Regional Medical Center (PCRMC) Delbert Day Cancer Institute (DDCI) is a comprehensive cancer center accredited by the American College of Surgeons Commission on Cancer (CoC). To earn voluntary CoC accreditation, a cancer program must meet 34 CoC quality care standards, be evaluated every three years through a survey process and maintain levels of excellence in the delivery of comprehensive patient-centered care. For more information about the CoC, visit www.facs.org/cancer.

2016 Cancer Confere	nce Prospective Pres	entation
Anatomical Site	Number of Cas	es
Breast	79	
Lung	64	
Head & Neck	31	
Colorectal	29	
Prostate	27	
Lymphoma	17	IOI
Skin	14	7.7
Esophagus	12	
Gynecologic	12	
Urinary Sites	12	
Brain	9	
Multiple Myeloma	7	
Sarcoma	6	
Thyroid	5	
Unknown	4	
Other	12	



A multidisciplinary team of physicians and other healthcare professionals attend weekly conferences to discuss patient medical history, diagnostic testing, surgical procedures, state-of-disease at diagnosis and prognostic indicators, treatment options including palliative care, pain management, national treatment guidelines, genetic counseling, psychosocial distress, clinical trials and survival outcomes. The latest in diagnostic technology and research protocols are utilized.

DIRECTOR'S MESSAGE



Jeremy Stinson,
Director of the Delbert Day Cancer Institute

Through the development of the Delbert Day Cancer Institute (DDCI), Phelps County Regional Medical Center (PCRMC) has brought together a variety of resources, staff and providers and transitioned them into a unified, comprehensive service line. The one-year anniversary of this service line signifies a meaningful accomplishment in the advancement of oncology diagnosis, treatment and management in south-central Missouri.

The past year has been filled with many successes, and we anticipate many more in the year to come. Areas of focus for 2018 include expanded ancillary and support services, specifically related to financial counseling, and a formalized survivorship and supportive care program. Financial counseling, with the goal of helping patients fully understand their insurance benefits as well as identify outside resources related to financial support, is a new aspect in the oncology environment. Survivorship and supportive care, with the purpose of offering assistance with care continuity, symptom management, pain management and survivorship, is a clinical program and an offshoot of palliative care.

The DDCI staff is a dedicated group who works together to treat the individual, not just the disease. Relying on evidence-based care models, the staff tirelessly works to put the patient at the center of the decision-making process. We are grateful for the opportunity to serve this community and to continue our mission to provide exceptional care, close to home. As the DDCI director, I am proud to be a part of this organization and to work with so many individuals who are committed to ensuring the highest quality of patient care.

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
National Cancer Prevention Month						2 Groundhog Day	3
NOTES:	4	5	6	7	8	9	10
	11	12 Lincoln's Birthday	13	14 Valentine's Day	15	16	17
	18	19 President's Day	20	21	22	23	24
	25	26	27	28			



February 2018

THE CANCER REGISTRY

(573) 458-7506

What is the Cancer Registry?

- The Cancer Registry provides data management services to meet mandatory state reporting regulations and data needs of clinicians, administrators and other users.
- The Cancer Registry collects, manages and analyzes data on cancer patients, maintaining lifetime followup for all analytic cases in compliance with the standards of the American College of Surgeons Commission on Cancer.
- Statistics can be retrieved from the Cancer Registry upon request to be used to study treatment outcomes, evaluate patient care and assist in administrative planning and cancer research.
- Data is reported annually to, and used for comparison with, the Missouri State Cancer Registry (MCR) and the National Cancer Database (NCDB) for cancer case incidence and cancer survival data.

In 2016, there were 418 new cancer cases entered into the Cancer Registry.

375 of the 418 cases entered were newly diagnosed and/or treated at PCRMC (analytic cases); the other cases were new to PCRMC and treated for a recurrence or progression of their disease (non-analytic cases).



Sarah Wiggins, BA, CTR Certified Tumor Registrar



Andrea Litz, BGS, CTR Certified Tumor Registrar





"I can't begin to tell you how much I appreciate the doctors and staff at the DDCI. I was diagnosed with multiple myeloma in May 2016. From the first day I visited the new facility (Jan 2017) I was treated with respect and compassion. Everyone is willing to help with anything and will find out the answer if he/ she does not personally know the answer. As I have observed other patients in the infusion room, everyone of them is "special" to the nurses. Cancer does not always have a good ending, but these nurses go above to make sure every one is comfortable. I personally see Dr. Toothaker and Becky. They are so good at explaining everything to me and answer all of my questions. I feel very assured with their care. Five years ago I would not even consider PCRMC as a choice to go for my cancer treatment, or honestly anything else. The new building is so impressive and the staff is unbelievable. Please consider the whole staff to receive the Daisy Award."

-Debra Adkins, DDCI Patient

"It all began with an annual mammogram. That's what started this journey. I'm so thankful for the high caliber of care I received. It was amazing and a positive experience. You had a voice in your care. You had someone who was your advocate and held your hand along the way. It's a beautiful place. It was like having an extended family. If there is a way to make cancer a great experience, the Delbert Day Cancer Institute did it. They are world-class people—every one of them. It's the best place in the world. We have a powerhouse of talent and care right here in our neighborhood. I can't say enough good things."

-Loretta Wallis, DDCI Patient

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
National Colorectal Cancer Awareness Month						2	3
NOTES:	4	5	6	7	8	9	10
	11 Daylight Saving Begins	12	13	14	15	16	17 St. Patrick's Day
	18	19	20	21	22	23	24
	25	26	27	28	29	30	31



March 2018

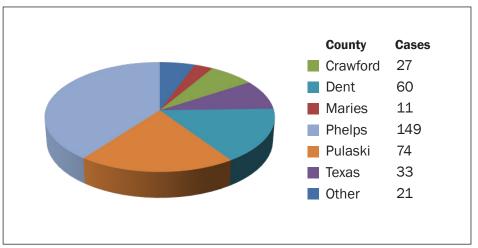
2016 Top 5 Sites Distribution

Top 5 Sites for 2016 18% 16% 14% 12% 8% 8% 6% 4% 2% 0% Breast Lung Colorectal Prostate Bladder

Sources: PCRMC Cancer Registry, ACS Cancer Facts & Figures 2016 & ACS

Cancer Statistics Center

2016 PCRMC Cases by County

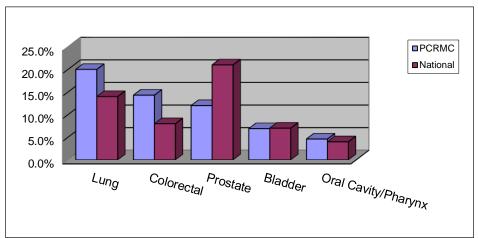


Source: PCRMC Cancer Registry

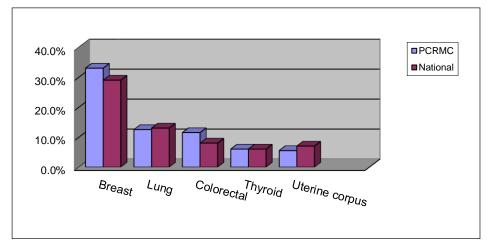
Comparison Cancer Cases in 2016 by Leading Sites and Gender

Phelps County Regional Medical Center (Analytic Cases Only)

Males



Females



Sources: PCRMC Cancer Registry and ACS Cancer Facts & Figures 2016

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
National Cancer Control Month	April Fools' Day Easter	2	3	4	5	6	7
NOTES:	8	9	10	11	12	13	14
	15	16	17 Tax Day	18	19	20	21
	22 Earth Day	23	24	25	26	27	28
	29	30					



April 2018



Standard 4.7 Quality Study

Department: Delbert Day Cancer Institute & Comprehensive Breast Center

Report Date: August 29, 2017

Collaborators: Sarah Wiggins, Tiffany Henry and Rhonda Teague

Study Topic: Why are women not completing their annual mammograms?

Problem: A high percentage of women in our area are not completing their annual mammograms as recommended by the American College of Radiology guidelines.

Data Set: Women, age 40 or older, employed by PCRMC

Data Examined: Survey answers by women, 40 or older, employed by PCRMC

Methodology and Measures:

An online survey targeting female PCRMC employees, age 40 and older, was conducted to identify current screening mammography practices. There are 770 women age 40 or older employed at PCRMC. 280 of the 770 women completed the online survey that was emailed to employees. Below is a breakdown of the ages of women who completed the survey (Figures 1 & 2). The majority of women who completed the survey were between 40 and 59.

_	Women Age 40 or Older Who Completed Survey on Screening Mammography Practices						
Age	Number Completed						
40-49	118						
50-59	123						
60-69	35						
70+	4						

Figure 1

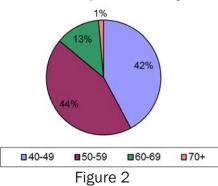
	Sun	Mon	Tue	Wed	Thu	Fri	Sat
National Melanoma /			1	2	3	4	5
SKIN CANCER DETECTION AND							Cinco De Mayo
Prevention Month	6	7	8	9	10	11	12
NOTES: 							
	13	14	15	16	17	18	19
	Mother's Day						Armed Forces Day
	20	21	22	23	24	25	26
	27	28	29	30	31		
	21	Memorial Day	2 /	30	01		



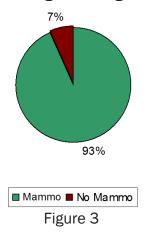
May 2018

Standard 4.7 Quality Study (Continued)





Women Who Have Had a Screening Mammogram



Women Who Have Annual Mammograms

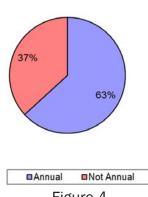
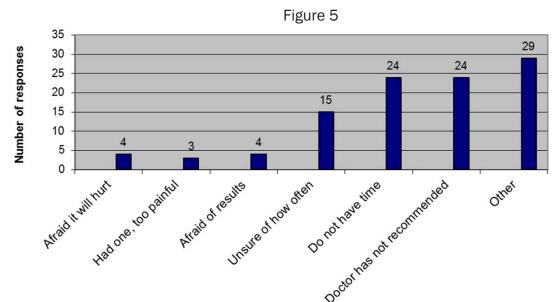


Figure 4

Of the women who completed the survey, 93% (261 women) reported having a mammogram in the past (Figure 3), whereas 63% (177 women) reported having yearly mammograms (Figure 4). Women who filled out the survey reported various reasons for not receiving mammograms (Figure 5). As identified in Figure 5, the top reasons for not receiving yearly mammograms include the following: doctor has not recommended, not having time, and being unsure of guidelines. Other reasons include "not thinking about it," "conflicting guidelines." "laziness." and "financial reasons."

Reasons For Not Getting Annual Mammograms



Recommendations for Improving Screening Mammography Practices:

- 1. Contact all participants who requested information for follow-up.
- 2. Establish PCRMC screening mammography guidelines.
- 3. Provide education to PCRMC medical staff and employees regarding established guidelines.
- 4. Provide education to community regarding screening mammography guidelines.

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
National Cancer Survivors Month						1	2
NOTES:	3	4	5	6	7	8	9
	10	11	12	13	14 Flag Day	15	16
	17 Father's Day	18	19	20	21	22	23
	24	25	26	27	28	29	30



Tune 2018

RADIATION ONCOLOGY



Radiation Oncology Manager's Report

Our mission is to provide caring and compassionate radiation oncology services to both the patient and their loved ones.

How exactly does radiation therapy work?

All cells, healthy or not, grow and divide. Cancer cells grow and divide at a faster rate than healthy cells. Radiation changes the DNA inside a cancer cell so that it cannot grow. Radiation therapy targets the tumor or location of the cancer cells and the area that surrounds it.

At the Delbert Day Cancer Institute (DDCI) Radiation Oncology Department, we create an environment for our patients that preserve their dignity and hope while providing state-of-the-art treatments.

All of our radiation therapists are board-certified with the American Registry of Radiologic Technologists in radiation therapy and attend seminars and conferences to keep current with the new technology. Our employees support our community by volunteering their time to Relay for Life, Survivors Day, the Breast Cancer Awareness Walk and many other community events.

Radiation Oncology Nurse's Report

The Radiation Oncology clinic is staffed with two nurses. During the initial consultation, you will meet with the nurse coordinator who will ask questions concerning your medical history. General treatment education will be done before you meet with our Nurse Practioner Jinna Lisenbe and Physician Christopher Spencer. Coordination of patient imaging, surgical needs and medical oncology referrals will be made at this time.

During the course of radiation, you will meet with Dr. Spencer weekly. We are available daily to answer questions and provide solutions for side effects that you may be experiencing. We provide referrals as needed to our dietitian, social worker, rehabilitation staff for fatigue and/or lymphedema and other providers for treatment.

We feel fortunate that our community provides quality radiation therapy in Rolla. This saves the cancer patient hours of commuting to larger, metropolitan cities to receive care.

Radiation Therapist's Report

Everyone assumes that working with cancer patients on a daily basis is a tough job. In reality, it's actually the most uplifting job there is. We gain an appreciation for life and the small things through our patients. We get to build relationships with patients and their families, as we get to see them on a daily basis. We are the main contact for many. As therapists, we are there every step of the way, from the simulation/planning session to the last day when the patients ring the bell, signifying their end of treatment. We coordinate transportation for those who may have problems getting here. The patients' schedules are adjusted according to their daily needs, including jobs and other doctor's appointments. Our main goal is to greet patients with smiling faces and help make their journeys through our cancer center as smooth and stress-free as possible.

Read what DDCI cancer patients have to say about their care. For cancer patient testimonials, please visit pcrmc.com/Physicians-Locations/Delbert-Day-Cancer-Institute/Patient-Testimonials.

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Bladder Cancer Awareness Month		2	3	4 Independence Day	5	6	7
NOTES:	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				



July 2018

DDCI MEDICAL ONCOLOGY, INFUSION CENTER & PHARMACY



Medical Oncology - Treating cancer in adults using chemotherapy, hormonal therapy, biological therapy and targeted therapy. **Patient-Centered Care** - All-inclusive services in a single, accessible location.

Access to Clinical Trials - Participation in the National Cancer Institute's Community Clinical Oncology Program. The DDCI provides the same type of cancer care as large institutions and follows national evidence-based guidelines.

Navigation, Education and Support - Education and customized counseling services are offered to patients and their loved ones.

DDCI Infusion Center



The Infusion Center is designed to have community, semi-private and private seating selections. The room has 18 infusion chairs with family seating arranged throughout. All of the infusion chairs have heat and massage options, which offers increased comfort for patients. There are also two private rooms for those who need to lie down during treatment. A private phlebotomy room, with a phlebotomist on staff, offers patients convenient access to care. In addition, a pneumatic tube system is housed in the Infusion Center that sends specimens directly to the main PCRMC Laboratory for timely results.

At least 60% of the Delbert Day Cancer Institute (DDCI) registered nurses are certified in oncology nursing and are recognized for their specialty knowledge in oncology nursing. All of the registered nurses maintain the administration of chemotherapy and biotherapy certificate from the Oncology Nursing Society®. In addition, 100% of the registered nurses are certified in advanced cardiovascular life support.

DDCI Infusion Pharmacy



The Infusion Pharmacy is located on the first floor of the DDCI. The state-of-the-art pharmacy for oncology patients allows for USP sterile compounding compliance. The Infusion Pharmacy is staffed by two pharmacists who hold Doctor of Pharmacy degrees from St. Louis College of Pharmacy. There is also a certified pharmacy technician on staff. The pharmacists participate in annual education sessions that support national oncology practice guidelines. The staff is proud to locally compound the same treatments locally at the DDCI that are offered at larger institutions within the United States.

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
					2	3	4
NOTES: 	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30	31	



CAugust 2018

DDCI PROVIDERS



Raman Babayeuski, MD General Surgery



Matt Bond, DO General Surgery



Dana Voight, MD General Surgery



Tezo Karedan, MD Medical Oncology/ Hematology



Stephen Toothaker, MD Medical Oncology/ Hematology



Becky Witham, FNP Medical Oncology/ Hematology



Brian Kriete, MD ENT & Allergy



Judyann Krenning, MD ENT & Allergy



Alexander Gamble, MD Supportive Care



Paul Cook, DO Pathology



Dwayne Crabtree, MD Pathology



John-Paul Soberano, MD Pulmonology/ Critical Care



Cecilia Yshii Tamashiro, MD Pulmonology/ Critical Care



Jinna Lisenbe, AGPCNP Radiation Oncology



Christopher Spencer, MD Medical Director/ Radiation Oncology



Marc Clemente, MD Radiology



Edward Downey, DO Medical Director of Imaging Department/ Radiology



Joel Leon-Becerril, MD Urology



Geoff Lloyd-Smith, MD Urology

For a complete, up-to-date list of all DDCI physicians and providers, please visit www.pcrmc.com.

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Gynecologic Cancer Awareness Month							
NOTES:	2	3 Labor Day	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	29
	30						



September 2018

PCRMC COMPREHENSIVE BREAST CENTER













BREAST CENTER

(573)458-3100

- The pumpkin carving contest was held October 27, and nearly \$550 in donations were collected to benefit the Phelps Regional Health Care Foundation Mammography Fund. The Hurts Donut Company also participated in the fundraising efforts. 285 dozen donuts were purchased, with a portion of the sales also benefiting the Foundation's Mammography Fund.
- 50 free 3-D mammograms for uninsured women were offered through the Foundation's Mammography Fund in honor of Breast Cancer Awareness Month. Enroll-U offered assistance in obtaining health insurance through the Affordable Care Act.
- The 2nd Annual Breast Cancer Awareness March was held at The Centre in Rolla. Around 60 people participated.
 A silent auction was also held during the event with all proceeds from the march and auction going to the Foundation's Mammography Fund.
- Twelve Days of Breast Cancer Awareness emails were sent out in October to PCRMC employees. The emails focused on prevention, screening and diagnosis of breast cancer.
 Prizes were given to the first person to correctly answer the question.

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breast Cancer Awareness Month			2	3	4	5	6
NOTES:	7	8 Columbus Day	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30	31			



October 2018

CANCER PREVENTION AND SUPPORT

LOOK GOOD FEEL BETTER

This program is dedicated to improving the quality of life and self-esteem of people undergoing cancer treatment. It offers complimentary sessions that teach beauty techniques to help people with cancer face their diagnosis with greater confidence. It is made possible through a collaboration of the Personal Care Products Council Foundation, the American Cancer Society and the Professional Beauty Association. Local cosmetologists volunteer to help make this wonderful program possible in our area.

COMMUNITY HEALTH EVENTS

Phelps County Regional Medical Center (PCRMC) and The Centre co-sponsored the 3rd Annual Health and Wellness Expo on October 7, 2017. The expo offered a family-friendly scavenger hunt with a focus on cancer awareness, the Breast Cancer Awareness Walk and a silent auction, with all proceeds benefiting the Phelps Regional Health Care Foundation's Mammography Fund. Information and screenings were offered by 78 vendors to over 500 attendees during the expo. PCRMC hosted a pumpkin carving contest and a fundraiser with the Hurts Donut Company. The proceeds benefited the Foundation's Mammography Fund, which provides uninsured women in need with free mammograms and ultrasounds.

PHELPS HEALTH WELLNESS PROGRAM

PCRMC provides the resources to help employees and spouses live better and healthier. The program is a voluntary wellness program for all benefits-eligible employees and spouses. Participants in the program earn reduced payroll deductions by taking a few simple steps to better understand their health, including scheduling an annual physical with their primary care physician (PCP). In 2017, PCRMC had 92.59% engagement in the program.

CANCER SUPPORT GROUPS

PCRMC has two support groups available at the Delbert Day Cancer Institute. A general cancer support group meets at the DDCI every Wednesday at 5pm in the Shirley Day Conference Center Room E. The women's breast cancer support group meets at the DDCI the second Wednesday of every month at 1pm in the Shirley Day Conference Center Room E. The process to establish a new support group at the PCRMC Waynesville Medical Plaza is underway, and the group may start meeting in January of 2018. There are also other support groups in the surrounding area that patients can be referred to, as requested.

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Lung Cancer Awareness Month						2	3
NOTES:	Daylight Saving Ends	5	6 Election Day	7	8	9	10
	11 Veterans Day	12	13	14	15	16	17
	18	19	20	21	22 Thanksgiving	23	24
	25	26	27	28	29	30	



Movember 2018

COMMUNITY OUTREACH



32nd Annual Cancer Gala

The 32nd Annual Cancer Gala was held on February 18, 2017, at the Havener Center at Missouri S&T. All proceeds were given to the Joy of Caring Cancer Fund and the Delbert Day Cancer Institute for research. About 600 people attended the event, raising over \$178,000.

4th Annual National Cancer Survivors Day

The 4th Annual National Cancer Survivors Day was hosted by the Delbert Day Cancer Institute and held at Greentree Christian Church on June 3, 2017. The event celebrated cancer survivors with breakfast, baskets/giveaways and a program. About 240 survivors, guests and volunteers attended.

5th Annual Superhero 5K

The 5th Annual Superhero 5K was hosted by PCRMC on June 10, 2017, and was held at the Veterans Memorial Park.

All proceeds were given to the Joy of Caring Cancer Fund. Over 220 participants attended the event, raising more than \$11,000.

Golf Tournament

The 19th Annual Phelps Regional Health Care Foundation golf tournament was held on June 5, 2017, at Oak Meadow Country Club in Rolla. The event raised a total of \$130,036, with proceeds benefiting the Delbert Day Cancer Institute.

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
NOTES:	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24 Christmas Eve	25 Christmas	26	27	28	29
	30	31 New Year's Eve					



December 2018

CLINICAL RESEARCH PROGRAM

The Delbert Day Cancer Institute (DDCI) provides patients with an opportunity to participate in clinical research. The DDCI is an affiliate member of the Cancer Research for the Ozarks, a National Cancer Institute Community Oncology Research Program (NCORP) site, and also a participant in clinical trial networks, such as the American College of Radiology Imaging Network (ACRIN), Cancer Trials Support Unit (CTSU) and others. Through these partnerships, patients can participate in cutting-edge research without ever leaving home. The benefits of participating in research can include the following:

- Getting access to promising new treatment options often not available outside of clinical trials:
- Having regular follow-up care with a primary care physician and the research team:
- · Being the first to benefit from the new treatments being studied; and
- Helping future cancer patients through research participation.

If you are interested in learning more about the clinical research program at the DDCI, please speak with a member of our research staff.

In 2015, 16 DDCI patients were enrolled in clinical trials, or 5% of all were enrolled patients who were diagnosed and/or treated (analytic) at PCRMC. In 2016, 12 patients, or 3% of all analytic cases, were enrolled in clinical trials. Both years, the DDCI exceeded the 2% requirement for community hospitals by the Commission on Cancer. In 2017, the DDCI once again exceeded the requirement, which demonstrates the staff's commitment to quality, advanced care for local patients.



Casey Burton, PhD
Director of Medical Research



Janette Richards, RN Oncology Research Nurse



Meet the Genetic Counselor:

Mary Owen-Kirby is a Missouri native who grew up in Springfield. She graduated from Drury University with a bachelor of arts in biology, religion

and philosophy. From there, Mary graduated from the University of Colorado Anschutz Medical Campus in Denver, Colorado, with a master of science in biophysics and genetics through the genetic counseling program. Mary is a board-certified genetic counselor by the American Board of Genetic Counseling. Following graduate school, Mary returned to Springfield to establish the first cancer genetic counseling program in southern Missouri, through CoxHealth. Mary now brings genetic counseling to PCRMC.

For more information about genetic counseling, please contact Mary Owen-Kirby, MS, CGC, at 417-269-2110. Mary is at PCRMC to meet with patients the second Thursday of every month. To schedule an appointment, please call the DDCI toll-free number at 1-855-406-3324.

CANCER SUPPORT SERVICES TEAM



Jennifer Gerlemann, BSN, RN Nurse Navigator



Susan Buhr, MSW, BSW Social Worker



Lorie Bourne, MS, RD, LD, CNSC Dietitian

Nurse navigation services are available to all patients and families from diagnosis through survivorship. Nurse navigators help patients to identify and overcome any barriers that may delay or prevent access to cancer care or treatment. The nurse navigator also assists patients and families with making informed decisions and collaborates with their multidisciplinary team (primary care provider, oncologists, surgeons, nurses, dietitian, social worker, etc.) to allow access to preventive services/cancer screenings, diagnosis, surgery, treatment and increased supportive care across the cancer spectrum. Delbert Day Cancer Institute (DDCI) Nurse Navigator Jennifer Gerlemann, BSN, RN, wants each patient to know that her door is always open, and she is ready to assist with any needs or concerns that arise during this overwhelming time. "No need is too great, and no request is too small. I am here to help lighten the burden that cancer creates so you can focus on your treatment and get better," says Jennifer.

The role of the oncology social worker is to help patients, families and caregivers deal with the experience of facing cancer. An oncology social worker helps bridge the gap between the sophisticated medical care and the patient's every day practical, human needs. DDCI Oncology Social Worker Susan Buhr, MSW, BSW, helps patients with all of the complicated emotional and psychosocial aspects of the cancer diagnosis, treatment and survivorship. Susan is available to help patients and families access community resources in order to meet any financial, transportation, housing, utilities, medication and medical supply needs that arise prior, during and after treatment. Susan also assists patients and their families with counseling and emotional support to help them sort through their feelings, reduce stressors, cope and understand their grief. "I am a patient and family advocate. I am dedicated and passionate about helping people who are dealing with cancer. The most important thing I can do is be truly present with people," says Susan.

Nutrition information and resources are provided to any patient or caregiver seeking treatment at the DDCI. Patients are monitored during treatment for any changes in their nutritional status and/or weight. All patients who become moderate or high risk for their nutrition or lose a significant amount of weight will receive a visit from the dietitian. DDCI Licensed/ Registered Dietitian Lorie Bourne MS, RD, LD, CNSC, offers support to patients who are having side effects from the cancer or the cancer treatments so they are better able to manage their nutritional health. Common side effects include: dry mouth, mouth sores, difficulty chewing or swallowing, taste changes, nausea, vomiting, diarrhea, constipation and weight loss. Lorie also provides survivorship guidelines for healthy living and exercise at the monthly breast cancer support group meetings and to any cancer patients wishing to live a healthier lifestyle to reduce their risk of recurrence. Lorie is available as a resource on any nutritional concerns patients or their family members may have.

PCRMC CANCER CARE SERVICES • DELBERT DAY CANCER INSTITUTE

573-458-3324 (DDCI)

Toll-Free Number: 1-855-406-3324 (DDCI)

Breast Center (573-458-3108)

2nd Wednesday every month (1pm)

Cancer Rehabilitation

573-458-7146

Cancer Research

573-458-8776

Cancer Support Group

Radiation Oncology (573-458-7500)

Every Wednesday (5-7pm)

Chaplaincy Program

573-458-7935

573-458-7729 (Prayer Line)

Comprehensive Breast Center

573-458-3100

Ear, Nose and Throat

573-364-5719

Education/Outreach

573-458-3341

Endoscopy

573-458-7860

General Surgery

573-364-9000

Gynecology

573-364-9000

Hematology/Oncology/Infusion

573-458-3324 (DDCI)

Nephrology

573-364-9000

Neurology

573-364-9000

Nurse Navigation

573-458-7164

Nutritional Counseling

573-458-8337

Orthopedics

573-364-9000

Phelps Regional Homecare

573-364-2425

Pulmonology

573-364-9000

Radiation Oncology

573-458-DDCI (3324)

Social Services

573-458-8339

Supportive Care

573-364-9000

The Center Clinic

573-364-2007

Urology

573-364-9000



Cancer Committee 2017

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Cancer Liaison

Dr. Stephen Toothaker, Medical Oncology

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Susan Buhr, Psychosocial Services

Andrea Litz, Cancer Conference

Tracy Limmer, Community Outreach

Michelle Simpson, Quality Improvement

Janette Richards, Clinical Research

Sarah Wiggins, Cancer Registry Quality

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Dr. Phil Cox, Pastoral Care

Dr. Dwayne Crabtree, Pathology

Susan Dolan, Chief Therapist

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Dr. Anshu Duggal, Radiology

Dr. Randee Jo Feco, Psychology

Dr. Alexander Gamble, Supportive Care

Jennifer Gerlemann, Nurse Navigator

Tiffany Henry, Breast Center

Latricia Juneau, Director of Inpatient Medical Oncology

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Dr. Geoffrey Lloyd-Smith, Urology

Sarah Menary, Rehabilitation

Heather Nelson, Pharmacy

Samra Norris, Patient Service Supervisor

Mary Owen-Kirby, Genetic Counselor

Diana Pantaleo, Radiation Oncology

Nicole Pigg, Social Worker

Cindy Scearce, Hospice

Linda Schumacher, Clinical Research

Jason Shenefield, Cancer Program Administrator

Jeremy Stinson, Director of Delbert Day Cancer Institute

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Dr. Dana Voight, Surgery

Amy Weckman, Pharmacist

Becky Witham, FNP, Medical Oncology