

2019 DELBERT DAY CANCER INSTITUTE CALENDAR

2018 Cancer Program Annual Report (Contains 2017 Data)

CHAIRMAN'S REPORT

The Delbert Day Cancer Institute (DDCI) and cancer program at Phelps Health have significantly changed and grown over the past year. The DDCI continues to expand its ability to bring high-quality cancer care to southcentral Missouri.

Our community is supported with services that include education, prevention, screening, navigation, diagnosis, genetic counseling, treatment, supportive care, oncology rehabilitation and survivorship plans. Most of these services are personalized for the lives and diagnoses of the patients and community members for which they help.

Patients also have access to national clinical trials at Phelps Health through our affiliation with Cancer Research for the Ozarks. We are able to offer patients the option to participate in research trials, which give us the ability to provide the highest standard of care and help shape the future of global cancer treatment.

All providers and support staff involved in cancer care at the DDCI continue to meet each week to discuss patients and cancer cases. Through this multidisciplinary team, a treatment plan is designed for each patient that ensures great communication between teams and allows us to deliver the best quality of care.

These meetings include radiologists, medical and radiation oncologists, general surgeons, pathologists, urologists, pulmonologists, palliative and supportive care physicians, gynecologists, otolaryngologists (ENT physicians) as well as nursing staff, social workers, dietitians and many others.

This year has brought many new and exciting opportunities to the DDCI. We joined the Siteman Cancer Network, which expands the resources available for our patients, staff and community members. By partnering with Siteman Cancer Center, we can continue to improve our ability to deliver true, integrated and multidisciplinary care. We are excited about bringing new and expanded care paths to the DDCI.

In addition, our dedicated financial navigator has helped to improve patient access to financial resources that was not previously available. This service has helped to ease the

burden of care for patients and their families.

We are dedicated to providing the best care possible, covering the whole continuum of cancer care, including prevention, screening, diagnosis, treatment, supportive care and survivorship. Our goal is to not only provide the highest quality of care at the cancer center but also to engage the community to reduce the incidence of cancer in our region and improve health outcomes.

Christopher Spencer, MD, MS, DABR
 Phelps Health DDCI Medical Director



	SUN	MON	TUE	WED	THU	FRI	SAT
Cervical Health Awareness Month			New Year's Day	2	3	4	5
NOTES:	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21 Martin Luther King Jr. Day	22	23	24	25	26
	27	28	29	30	31		

Wednesdays from 5-7 PM DDCI, Rolla

Breast Cancer Support Group

Second Wednesday at 1 PM DDCI, Rolla

Project WIN - Cancer Support

First Thursday of every month at 6 PM Lifeway Center, Salem



JANUARY 2019

DIRECTOR'S MESSAGE

We have experienced tremendous growth at the Phelps Health Delbert Day Cancer Institute (DDCI) over the past year and are excited about where the next year will take us. Our partnership with the Siteman Cancer Center provides unparalleled opportunities for the advancement of cancer services in our region, while our dedication to the patient experience continues to heighten our ability to serve this community. At the DDCI, our family is truly caring for yours.

- Jeremy Stinson, MS, MBA, FACHE Phelps Health DDCI Director



SITEMAN PARTNERSHIP

The Phelps Health Delbert Day Cancer Institute (DDCI) is partnering with Siteman Cancer Center to reduce the impact of cancer in south-central Missouri through research, treatment and prevention.

The Phelps Health DDCI is a member of the Siteman Cancer Network, an affiliation led by Siteman Cancer Center at Barnes-Jewish Hospital and Washington University School of Medicine in St. Louis.

As partners, Siteman Cancer Center and the Phelps Health DDCI work together to develop strategies for the following:

- To better control the spread of cancer,
- To reduce the burdens of cancer on patients and their loved ones, and
- To increase the number of patients screened for cancer.

This collaboration leads to earlier detection of cancer and healthier outcomes in the community. In addition, the Phelps Health DDCI and Siteman Cancer Center share best practices to improve patient care.

DDCI patients with complex cases or rare or aggressive types of cancer have access to additional resources at Siteman Cancer Center, with the goal of getting patients back to the DDCI and home as quickly as possible. The relationship allows DDCI providers and patients to receive necessary prevention, diagnosis and treatment resources available through Siteman Cancer Center. The coordination of care ensures a convenient, comfortable and seamless experience for the patient.





	SUN	MON	TUE	WED	THU	FRI	SAT
National Cancer Prevention Month							Groundhog Day
NOTES:	3	4	5	6	7	8	9
	10	11	12	13	14 Valentine's Day	15	34th Annual Cancer Gala
	17	Presidents' Day	19	20	21	22	23
	24	25	26	27	28		

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FEBRUARY 2019

The Phelps Health Delbert Day Cancer Institute (DDCI) is a comprehensive cancer center accredited by the American College of Surgeons Commission on Cancer (CoC). To earn voluntary CoC accreditation, a cancer program must meet all CoC quality care standards, be evaluated every three years through a survey process and maintain levels of excellence in the delivery of comprehensive, patient-centered care. The Phelps Health DDCI earned another three years of accreditation in July 2017.

Multidisciplinary Cancer Conferences (Tumor Board)

A multidisciplinary team of physicians and other healthcare professionals attend Tumor Board. The conferences include discussions of patient medical history, diagnostic testing, surgical procedures and state of disease at diagnosis and prognostic indicators, treatment options including palliative care, pain management, national treatment guidelines, genetic counseling, psychosocial distress, clinical trials and survival outcomes. The latest in diagnostic technology and research protocols are discussed. In 2017, 288 cases were discussed at the Phelps Health Tumor Board.

2017 Top Five Sites

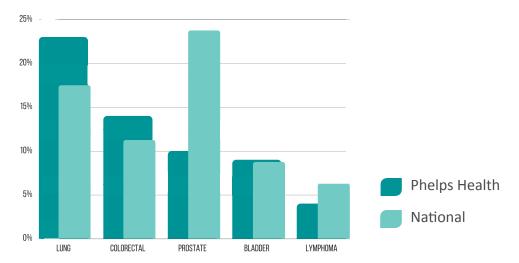
(Diagnosed and/or treated at Phelps Health):

Lung - 77 cases
Breast - 69 cases
Colorectal - 43 cases

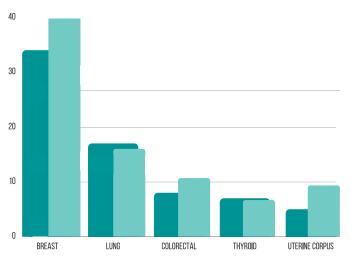
Prostate - 18 cases **Bladder** - 18 cases



Comparison 2017 Cancer Cases by Top Cancer Site (Male)



Comparison 2017 Cancer Cases by Top Cancer Site (Female)



Sources: Phelps Health Cancer Registry and ACS Cancer Facts and Figures 2017

	SUN	MON	TUE	WED	THU	FRI	SAT
National Colorectal Cancer Awareness Month							2
NOTES:	3	4	5	6	7	8	9
	Daylight Saving Time Begins		12	13	14	15	16
	17 St. Patrick's Day	18	19	20	21	22	23
	24	25	26	27	28	29	30
	31						

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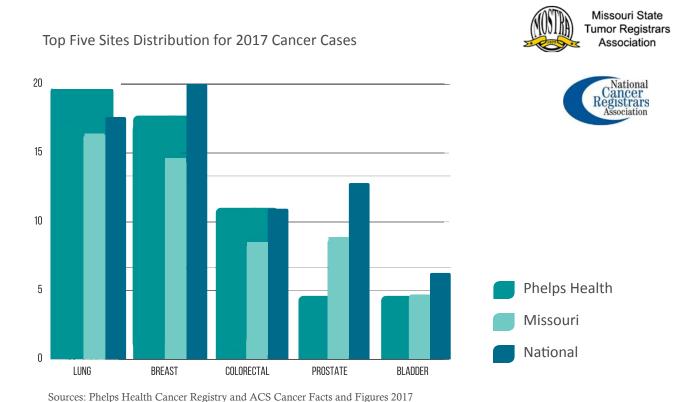
First Thursday of every month at 6 PM Lifeway Center, Salem



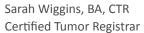
MARCH 2019

THE CANCER REGISTRY (573) 458-7506

- The Cancer Registry provides data management services to meet mandatory state reporting regulations and data needs of clinicians, administrators and other users.
- The Cancer Registry collects, manages and analyzes data on cancer patients, maintaining lifetime follow-up for all analytic cases in compliance with the standards of the American College of Surgeons Commission on Cancer.
- Statistics can be retrieved from the Cancer Registry upon request to be used to study treatment outcomes, evaluate patient care and assist in administrative planning and cancer research.
- Data is reported annually to, and used for comparison with, the Missouri State Cancer Registry (MCR) and the National Cancer Database (NCDB) for cancer case incidence and cancer survival data.









Andrea Litz, BGS, CTR Certified Tumor Registrar

- In 2017, there were 430 new cancer cases entered into the Cancer Registry.
- Of the 430 cases entered, 389 were newly diagnosed and/or treated at Phelps Health (analytic cases); the other cases were new to Phelps Health and treated for a recurrence or progression of the disease (non-analytic cases).

	SUN	MON	TUE	WED	THU	FRI	SAT
National Cancer Control Month		April Fools' Day	2	3	4	5	6
NOTES:	7	8	9	10	11	12	13
	14 Palm Sunday	15	16	17	18	19 Good Friday	20 Passover
	21 Easter	22	23	24	25	26	27
	28	29	30				

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APRIL 2019

REPORT OF COC STANDARD 4.6

Author: Dr. Geoff Lloyd-Smith Monitoring Compliance with Evidence-Based Guidelines Patients with Prostate Cancer Treated at Phelps Health, 2017 Cancer Registry Data

Introduction:

Prostate cancer accounts for 27% of noncutaneous cancers and is the most common noncutaneous cancer. One out of every seven men will be diagnosed with prostate cancer, and one in 38 of these men will die from the disease. Prostate cancer is the second leading cause of male cancer deaths in the United States. The average age of death from prostate cancer is 77 years. Smoking increases the risk of recurrence and death. Obesity is associated with lower PSA levels at presentation. Obesity increases the risk of high-grade prostate cancer and is associated with higher disease specific mortality. Finasteride reduces prostate cancer prevalence by 25%. Selenium does not prevent prostate cancer. Vitamin E is associated with an increased risk of prostate cancer. The European ERSPC trial, which is the world's largest prostate cancer study, showed that PSA screening reduces prostate cancer deaths by 20%.

Goal:

Our goal is to confirm that patients are being managed in a manner consistent with national guidelines and to determine if there are any areas of potential improvement in the diagnosis and care of prostate cancer patients.



Methods:

Patient data from all analytic prostate cancer cases with at least partial treatment at our facility in 2017 were reviewed. Cases were evaluated by the following criteria: age, DRE, PSA, Gleason Score, family history, symptomatic at diagnosis, imaging, staging and risk stratification. First course of treatment for all patients was reviewed; documented treatment included management by observation, radiation, surgery, chemotherapy and hormonal therapy. The patients' charts were reviewed to determine that the first course of treatment was consistent with evidence-based national treatment guidelines. These factors are consistent with the recommendations of the NCCN guidelines Version 2.2017.

Prostate Cancer Diagnostic Evaluation of NCCN Guidelines:

AGE	DRE	PSA	GLEASON	PROSTATE FHX	RISK	SYMPTOM	BX/ TURP	IMAGING	STAGE
59	Υ	<10	3+3=6	N	VERY LOW	Υ	Υ	Υ	T1A, N0, M0, I
65	Υ	<10	3+5=8	Υ	HIGH	N	Υ	Υ	T2C, N0, M0, IIB
54	U	<10	3+3=6	Υ	LOW	Υ	Υ	Υ	T1C, N0, M0, I
65	Υ	<10	3+4=7	N	INTERMED	Υ	Υ	Y	T2B, N0, M0, IIA
65	Υ	<10	4+5=9	N	HIGH	N	Υ	Υ	T3B, N0, M0, IIIC
60	N	<10	4+3=7	N	INTERMED	N	Υ	Υ	T2B, N0, M0, IIA
65	Υ	>20	4+5=9	N	VERY HIGH	Υ	Υ	Υ	TX, NX, M1B, IV
65	Υ	>10	4+3=7	N	INTERMED	N	Υ	Y	T1C, N0, M0, IIA
66	Υ	>20	4+5=9	N	VERY HIGH	Υ	Υ	Υ	T2B,N0,M1B, IV
67	Υ	<10	3+4=7	N	INTERMED	N	Υ	Υ	T1C, N0, M0, IIA
66	Υ	<10	4+5=9	N	VERY HIGH	Y	Υ	Y	T3B, N1, M1A, IV
73	?	<10	3+4=7	N	INTERMED	N	Υ	Y	T1C, N0, M0, IIA
66	Υ	<10	3+4=7	Υ	INTERMED	N	Υ	Υ	T2A, N0, M0, IIA
75	Υ	>10	path	N	HIGH	Υ	Υ	Υ	T2A,M0, M0, IIA
/3	,	710	4+4=8	IN	ПОП	ı		T	pT3b, pN0, cM0, III
73	Υ	<10	4+4=8	Υ	HIGH	Y	Υ	Υ	T2C, N0, M0, IIB

	SUN	MON	TUE	WED	THU	FRI	SAT
National Melanoma and Skin Cancer Detection and Prevention Month					2	3	4
NOTES:	Cinco de Mayo	6	7	8	9	10	
	12 Mother's Day	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27 Memorial Day	28	29	30	31	

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MAY 2019

REPORT OF COC STANDARD 4.6 (CONTINUED)

AGE	OBSERV ONLY	RT	SURG	СНЕМО	ADT	NCCN	COMMENTS
59	Υ	N	N	Ν	N	Υ	TURP
65	N	Υ	N	N	Υ	Υ	ON CLIN TRIAL
54	N	Υ	N	N	N	Υ	
65	N	Υ	N	N	Υ	Υ	ON CLIN TRIAL
65	N	Υ	N	N	Υ	Υ	
60	N	Υ	N	N	Υ	Υ	
65	N	N	N	Υ	Υ	Υ	TURP
65	N	Υ	N	N	Υ	Υ	
66	N	N	N	N	Υ	Υ	
67	N	Υ	N	N	Υ	Υ	
66	N	N	N	Υ	Υ	Υ	TURP
73	N	N	N	N	N	Υ	PT REFUSED
66	N	Υ	N	N	Υ	Υ	
75	N	Υ	Υ	N	Υ	Υ	RAD ONC STATES TX PER NCCN
73	N	Υ	N	N	Υ	Υ	

Findings and Review of NCCN Guidelines:

All patients had rectal exams except one who had prior abdominal perineal resection. All patients had PSA testing and pathologic diagnosis with Gleason scoring. Gleason grade grouping was implemented in 2018. There was a positive family history for prostate cancer for first-degree relatives in 26% of patients. Imaging as per guidelines was done for all patients. All patients received an anatomic T stage and a prognostic stage group. One patient with very low-risk disease after TURP had observation alone. 10/15 patients had radiation treatment. 2/15 patients had chemotherapy. 12/15 patients had ADT. All patients were managed according to treatment guidelines. Two patients were on a clinical trial.

OPPORTUNITIES FOR IMPROVEMENT

1. INCREASE USE OF ESTIMATES OF LIFE EXPECTANCY.

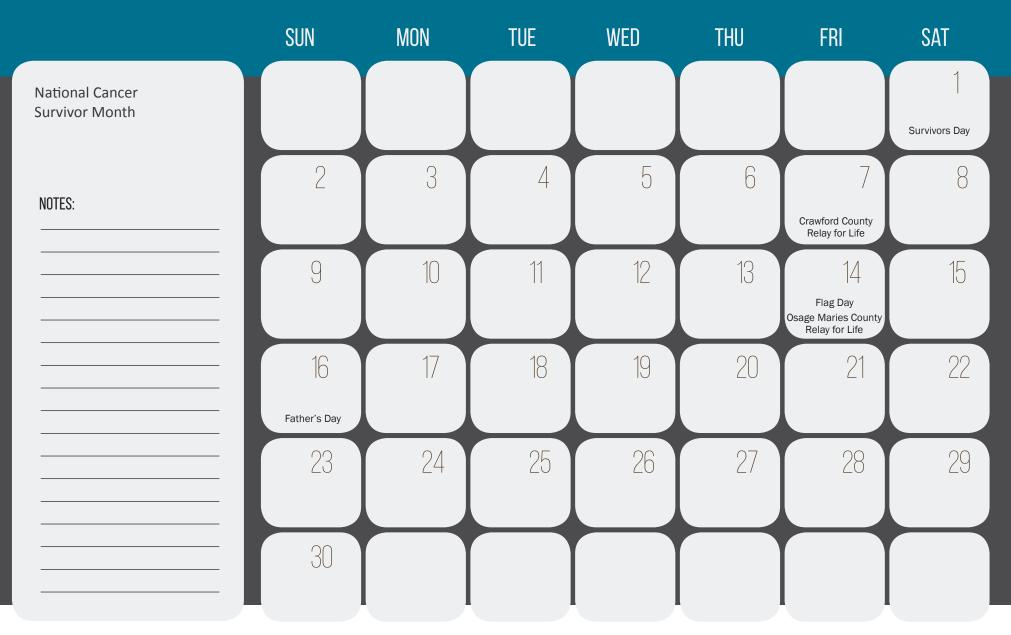
Life expectancy can be estimated by using Social Security Administration life insurance tables and adjusted by 50% up or down based on whether or not the patient is in the healthiest quartile versus unhealthiest quartile.

2. CONSIDER USE OF MULTIPARAMETRIC MRI ON A 3.0 T MAGNET.

Improved detection with MRI-TRUS targeted/fusion prostate biopsy. MpMRI aids in the detection of extracapsular extension, i.e., improved staging. MpMRI is equivalent to CT scan for assessing pelvic lymph nodes. MpMRI is better than bone scan and radiographs at detecting bone metastasis with 99% sensitivity and specificity.

3. CONSIDER ACTIVE SURVEILLANCE VERSUS OBSERVATION BASED ON RISK PROFILE. AGE AND HEALTH.





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JUNE 2019

DDCI RADIATION ONCOLOGY

Radiation Oncology Manager's Report

Our mission is to provide caring and compassionate radiation oncology services to both the patients and their loved ones.

At the Phelps Health Delbert Day Cancer Institute (DDCI) Radiation Oncology Department, our employees are caring and compassionate people. We create an environment for our patients that preserves their dignity and hope while providing state-of-the-art treatments.

All of our radiation therapists are board-certified with the American Registry of Radiologic Technologists in radiation therapy and attend seminars and conferences to keep current with the new technology. Our employees support our community by volunteering their time to Relay for Life, National Cancer Survivors Day and many other community services.

How Exactly Does Radiation Therapy Work?

All cells, healthy or not, grow and divide. Cancer cells grow and divide at a faster rate than healthy cells. Radiation changes the DNA inside a cancer cell so that it cannot grow. Radiation therapy targets the tumor or location of the cancer cells and the area that surrounds it.



Radiation Oncology Nurse's Report

The Radiation Oncology Department is staffed with two nurses. During the initial consultation, you will meet with the nurse coordinator who will ask questions concerning your medical history and review of systems. General treatment education will be done before you meet with our Nurse Practioner Jinna Lisenbe and Physician Christopher Spencer. Coordination of patient imaging, surgical needs and medical oncology referrals will be made at this time.

During the course of radiation, you will meet with Dr. Spencer weekly. We are available daily to answer questions concerning side effects that you may be experiencing and provide solutions. We offer referrals as needed to our dietitian, social worker, rehabilitation staff for fatigue and/or lymphedema and other providers for treatment.

We feel fortunate that our community provides quality radiation therapy in Rolla. This saves patients hours of commuting to larger metropolitan cities to receive care.

Radiation Therapist's Report

Everyone assumes that working with cancer patients on a daily basis is a tough job. In reality, it is actually the most uplifting job there is. We gain an appreciation for life and the small things through our patients. We get to build relationships with patients and their families. We are the main contact for many. As therapists, we are there every step of the way, from the simulation/planning session to the last day when the patients ring the bell, signifying the end of their treatment. We coordinate transportation for those who may have problems getting here. The patients' schedules are adjusted according to their daily needs, including jobs and other doctor's appointments. Our main goals are greeting patients with smiling faces and helping make their journeys through our cancer center as smooth and stress-free as possible.

	SUN	MON	TUE	WED	THU	FRI	SAT
Bladder Cancer Awareness Month		1	2	3	Independence Day	5	6
NOTES:	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30	31			

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DDCI, Rolla

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JULY 2019

DDCI MEDICAL ONCOLOGY, INFUSION CENTER AND PHARMACY

Medical Oncology

The Medical Oncology staff provides innovative treatments, including chemotherapy, hormonal therapy, biological therapy and targeted therapy. Patients have access to clinical trials, nurse navigation, education and support in a single, accessible location at the Phelps Health Delbert Day Cancer Institute (DDCI).

Infusion

The Infusion Center is designed to have community, semi-private and private seating selections. The room has 18 infusion chairs with family seating arranged throughout. All of our infusion chairs have heat and massage options, offering increased comfort for our patients. There are also two private rooms for those who need to lie down during their treatment. Beginning in 2018, patients receiving infusions that require them to be here over the lunch hour were provided lunch. A private phlebotomy room, with a phlebotomist on staff, offers patients convenient access to care. In addition, a pneumatic tube system is housed in the Infusion Center that sends specimens directly to the main Phelps Health Laboratory for timely results.

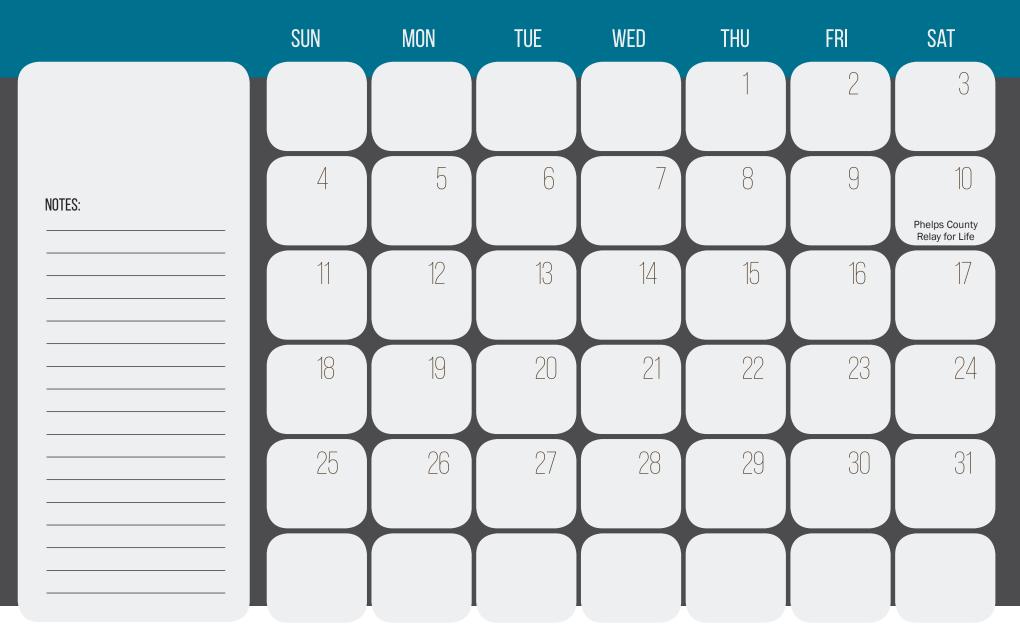
At least 60% of our registered nurses are certified in oncology nursing and are recognized for their specialty knowledge in oncology nursing. All of the registered nurses maintain the administration of chemotherapy and biotherapy certificate from the Oncology Nursing Society®. In addition, 100% of the registered nurses are certified in advanced cardiovascular life support.



Infusion Pharmacy

The Infusion Pharmacy is located on the first floor of the Phelps Health DDCI. The state-of-the-art pharmacy allows for USP sterile compounding compliance. The Infusion Pharmacy is staffed by two pharmacists who hold Doctor of Pharmacy degrees from St. Louis College of Pharmacy. A certified pharmacy technician also serves on staff. The pharmacists participate in annual education sessions that support national oncology practice guidelines. The staff is proud to locally compound the same treatments at the Phelps Health DDCI that are offered at larger institutions within the United States.





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AUGUST 2019

DDCI PROVIDERS

Hadi Bhurgri, MD Gastroenterology/Hepatology

Josie Eoff, FNP-C Gastroenterology

Raman Babayeuski, MD General Surgery

Matthew Bond, DO General Surgery

Allison Rowden, PA-C General Surgery

Dana Voight, MD General Surgery

Tezo Karedan, MD Medical Oncology/Hematology

Gilda Gomez, MD Medical Oncology/Hematology Becky Witham, AOCNP, FNP-C Medical Oncology/Hematology

Brian Kriete, MD Otolaryngology (ENT)/Allergy

Judyann Krenning, MD Otolaryngology (ENT)/Allergy

Jennifer Bremer, PA Otolaryngology (ENT)/Allergy

Candace Chafton, FNP Otolaryngology (ENT)/Allergy

Alexander Gamble, MD Supportive Care

Amber Cook, MSN, FNP-C, ACHPN Supportive Care

Paul Cook, DO Pathology

Dwayne Crabtree, MD Pathology

John-Paul Soberano, MD Pulmonology/Critical Care

Cecilia Yshii-Tamashiro, MD Pulmonology/Critical Care

Christopher Spencer, MD Radiation Oncology

Jinna Lisenbe, AGPCNP-BC Radiation Oncology

Joel Leon-Becerril, MD Urology

Geoffrey Lloyd-Smith, MD Urology

Please visit phelpshealth.org for a complete, up-to-date list of all Phelps Health DDCI physicians and providers.



	SUN	MON	TUE	WED	THU	FRI	SAT
Gynecologic Cancer Awareness Month		2 Labor Day	3	4	5	6	7
NOTES:	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30					

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SEPTEMBER 2019

PHELPS HEALTH COMPREHENSIVE BREAST CENTER

The Phelps Health Comprehensive Breast Center holds an annual pumpkin decorating contest every October, with an average of \$500 in donations brought in each year. These donations go toward the Phelps Health Foundation's Mammography Fund, which provides uninsured women in need with free mammograms and ultrasounds.

Fifty, free 3D mammograms for uninsured women were offered through the Phelps Health Foundation's Mammography Fund in honor of Breast Cancer Awareness Month. EnrollU offered assistance to these women in obtaining health insurance through the Affordable Care Act.

The annual Cardio for a Cure event, which included a morning of cardio workouts, breast cancer awareness, prizes and fun, was held October 20 at The Centre. A portion of proceeds benefited the Phelps Health Foundation's Mammography Fund.

Twelve Days of Breast Cancer Awareness emails were sent out in October to Phelps Health employees. The emails focused on prevention, screening and diagnosis of breast cancer. Prizes were given to the first person to correctly answer each question.



	SUN	MON	TUE	WED	THU	FRI	SAT
Breast Cancer Awareness Month				2	3	4	5
NOTES:	6	7	8	9	10	11	12
	13	14 Indigenous Peoples' Day	15	16	17	National Mammography Day	19
	20	21	22	23	24	25	26
	27	28	29	30	31 Halloween		

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OCTOBER 2019

CANCER PREVENTION AND SUPPORT

Events

- Quarterly—Biggest Loser contest for Phelps Health employees—500 pounds average loss in 50+ participants quarterly
- Annually—Phelps Health Wellness Program—93.7% of employees participated. Participants earn lower premium insurance rates by taking steps to better understand their health, including scheduling an annual physical exam and lab work.
- February 17, 2018—Health and Wellness Fair 2018 at the St. Robert Community Center
- May 30, 2018—National Senior Health and Fitness Day 2018 at The Centre in Rolla
- June 2, 2018—National Cancer Survivors Day—Dr. Christopher Spencer spoke on the importance of cancer prevention and screenings. There were a total of 250 survivors, guests and volunteers in attendance.
- June 25, 2018—Phelps Health and DDCI announced partnership with Siteman Cancer Center—Top sites cancer prevention and screening tables with information and brochures were set up at the event.
- June 29, 2018—Wellness tent at Intercounty Electric Cooperative Annual Meeting
- August 2, 2018—MOCA Sixth Annual Health and Wellness Fair in Richland

Support

- ACS (American Cancer Society) Hotel Partner Program
- ACS Look Good, Feel Better
- ACS Personal Health Manager
- Cancer Rehabilitation

- Chaplain Services
- Free Valet Services
- Head Coverings and Wigs
- Resource Room
- Support Groups
- Transportation





Thank You to Our Community

- August 2018—Cupcakes for Cancer—Over \$4,000 raised for Joy of Caring Fund
- October 25, 2018—Fundraiser by Colton's Steak House and Grill to benefit Joy of Caring Fund

	SUN	MON	TUE	WED	THU	FRI	SAT
Lung Cancer Awareness Month							2
NOTES:	Daylight Saving Time End	4	5	6	7	8	9
	10	11 Veterans Day	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28 Thanksgiving	29	30

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NOVEMBER 2019

COMMUNITY OUTREACH

Cancer Gala

The 33rd annual Cancer Gala was held February 17, 2018, at the Havener Center at Missouri University of Science and Technology in Rolla. The theme of the event was "Mad Men." More than \$210,000 was raised, with proceeds given to the Joy of Caring Cancer Fund and the Delbert Day Cancer Institute. About 540 guests attended the gala.



National Cancer Survivors Day

The fifth annual National Cancer Survivors Day celebration took place June 2, 2018, at Greentree Christian Church in Rolla. The theme of the event was "Give Cancer the Boot." About 250 survivors, guests and volunteers attended. The event celebrated cancer survivors with breakfast, baskets/giveaways and a program.



Foundation Golf Tournament

The 20th annual Phelps Health Foundation golf tournament was held June 4, 2018, at Oak Meadow Country Club in Rolla. The event raised more than \$111,000 in support of the Phelps Health Delbert Day Cancer Institute.



	SUN	MON	TUE	WED	THU	FRI	SAT
		2	3	4	5	6	7
NOTES:	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23 Hanukkah	24 Christmas Eve	25 Christmas Day	26 Kwanzaa	27	28
	29	30	31 New Year's Eve				

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DECEMBER 2019

CLINICAL RESEARCH

The Phelps Health Delbert Day Cancer Institute (DDCI) is pleased to offer patients opportunities to participate in our research program. We have partnered with academic institutions across the nation to develop innovations in cancer care and healthcare delivery. Through these partnerships, patients can help to advance our understanding of cancer and how to deliver precision care.

We are also proud to be an affiliate member of the Cancer Research for the Ozarks, a National Cancer Institute Community Oncology Research Program (NCORP) site, and a participant in clinical trial networks, including the American College of Radiology Imaging Network (ACRIN), Cancer Trials Support Unit (CTSU) and others. Through these affiliations, patients have access to a wide assortment of clinical trials that focus on cancer prevention and control, new diagnostic and screening methods, and new treatment strategies.

What are the benefits to participating in research?

- Access new treatments that are generally not yet available to the public.
- Receive highly specialized care and support by a team of researchers and other healthcare professionals who understand your disease and condition.
- Learn more about your disease or condition so you can play an active role in your healthcare.
- Help others by contributing to medical research.

If you are interested in learning more about the clinical research program at the DDCI, please speak with a member of our research staff.

There were 14 new enrollments in 2017, 26 as of October 1, 2018, and a projected 35 for 2018.



GENETIC COUNSELING

Mary Owen-Kirby, MS, CGC Genetic Counselor

Mary Owen-Kirby, MS, CGC, is a board-certified genetic counselor by the American Board of Genetic Counseling. Genetic counseling consists of a consultation with Mary with an in-depth look into patients' family histories, personalized and familial risks, the testing process and limitation and accuracy of genetic tests, cancer prevention and screening and available options.

For more information about genetic counseling, please contact Mary at (417) 269-2110. Mary is at Phelps Health to meet with patients the second Thursday of every month. To schedule an appointment, please call the DDCI toll-free number at (855) 406-3324.

Jennifer Gerlemann, BSN, RN Nurse Navigator

Nurse navigation services are available to all patients and families from diagnosis through survivorship. Nurse navigators help patients to identify and overcome any barriers that may delay or prevent access to cancer care or treatment. The nurse navigator will also assist patients and families with making informed decisions and collaborating with their multidisciplinary team to allow access to preventive services/cancer screenings, diagnosis, surgery, treatment and increased supportive care across the cancer spectrum.

Nurse Navigator Jennifer Gerlemann, BSN, RN, wants each patient to know that her door is always open, and she is ready to assist with any needs or concerns that arise during this overwhelming time. "No need is too great. No request is too small. I am here to help lighten the burden that cancer creates so you can focus on your treatment and get better," Jennifer says.

Lorie Bourne, MS, RD, LD, CNSC Dietitian

Nutrition information and resources are provided to any patient or care-giver seeking treatment at the Phelps Health Delbert Day Cancer Institute (DDCI). Patients are monitored during treatment for any changes in their nutritional status and/or weight. Licensed/Registered Dietitian Lorie Bourne can offer support to patients who are having side effects from cancer or the cancer treatments so patients are better able to manage their nutritional health. Common side effects include: dry mouth, mouth sores, difficulty chewing or swallowing, taste changes, nausea, vomiting, diarrhea, constipation and weight loss. Lorie also provides survivorship guidelines for healthy living and exercise to any cancer patients wishing to live a healthier lifestyle to reduce their risk of recurrence. Lorie is available as a resource on any nutritional concerns patients or their family members may have.

Susan Buhr, MSW, BSW Social Worker

The role of the oncology social worker is to help patients, families and caregivers deal with the experience of facing cancer. Social Worker Susan Buhr, MSW, BSW, can help patients with all the complicated emotional and psychosocial aspects of the cancer diagnosis, treatment and survivorship.

Susan is available to help patients and families access community resources in order to meet any financial, transportation, housing, utilities, medications and medical supply needs that arise prior, during and after treatment. Susan can also assist patients and their families with counseling and emotional support to help them sort through their feelings, reduce stressors, cope and understand their grief. "I am a patient and family advocate. I am dedicated and passionate about helping people who are dealing with cancer. The most important thing I can do is to be truly present with people," Susan says.

Kevin McDonough, BS, CAC Patient Financial Access Representative

The Phelps Health Delbert Day Cancer Institute (DDCI) has a financial counselor available to help provide patients and/or families access to financial resources. The cost of care and complexities of medical insurance can be difficult to understand and often can cause a financial burden. DDCI Financial Counselor Kevin McDonough, BS, CAC, helps alleviate these concerns by educating patients about their insurance benefits (e.g., deductible, out-of-pocket expense, coinsurance, copays, premiums, in/out-of-network benefits), billing questions and options for payment plans. Qualifying patients can be provided guidance and enrollment assistance in federal, state and county health insurance coverage and/or programs. External programs for copay assistance, copayment cards, reimbursements, financial assistance and pharmaceutical free medication programs can also be utilized to help eliminate financial distress.

PHELPS HEALTH CANCER CARE SERVICES • DELBERT DAY CANCER INSTITUTE

(573) 458-3324 (DDCI) | Toll-Free Number: (855) 406-3324 (DDCI)



Cancer Committee 2018

Chairman/Cancer Liaison Physician

Christopher Spencer, MD, Radiation Oncology

Members

Raman Babayeuski, MD, Surgery Dana Blasé, American Cancer Society Lorie Bourne, Dietitian Susan Buhr, Psychosocial Services Coordinator Casey Burton, PhD, Research Coordinator Marc Clemente, MD, Radiology Paul Cook, DO, Pathology Phil Cox, PhD, Pastoral Care Dwayne Crabtree, MD, Pathology Nicole Decher, Social Worker Alexander Gamble, MD, Supportive Care Jennifer Gerlemann, Nurse Navigator Gilda Gomez, MD, Medical Oncology Tiffany Henry, Comprehensive Breast Center Coordinator Latricia Juneau, Inpatient Medical Oncology Director Tezo Karedan, MD, Medical Oncology Pam Karr, Clinical Quality Management Tracy Limmer, Community Outreach Coordinator Jinna Lisenbe, AGPCNP, Radiation Oncology Andrea Litz, Cancer Conference Coordinator Geoffrey Lloyd-Smith, MD, Urology Kevin McDonough, Financial Counselor Sarah Menary, Rehabilitation Samra Norris, Patient Service Supervisor Diana Pantaleo, Radiation Oncology Nurse Janette Richards, Clinical Research Coordinator Cindy Scearce, Hospice Jason Shenefield, Administration Michelle Simpson, Radiation Oncology Manager Michael Stadnyk, MD, Radiology Jeremy Stinson, Quality Improvement Coordinator/Cancer **Program Administrator** Rhonda Teague, Oncology Clinic Manager Stephen Toothaker, MD, Medical Oncology Dana Voight, MD, Surgery Amy Weckman, PharmD, Infusion Pharmacy Sarah Wiggins, Cancer Registry Quality Coordinator Becky Witham, FNP, AOCNP, Medical Oncology

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